

Pedaler's Potluck Party Dec. 9th

YOU ARE INVITED to The Bartlesville Pedaler's Annual Pot Luck Christmas Party! Bring a favorite covered dish, serving spoon along with your family and guests to the Disciples Christian Church, 5800 Douglas Lane, 6 pm Tuesday Dec. 9. You may arrive as early as 5 pm to help setup, decorate and prepare your food items. Club will furnish water, tea, and paper goods, If you'd like to coordinate what items you are bringing, then call Joanne Estes at 333-6524.

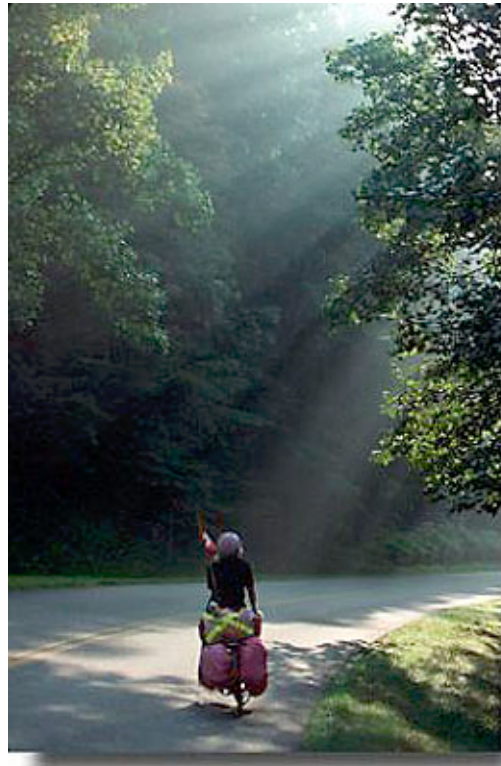
Be sure to turn in your totaled cycling miles to Vince asap and awards will be presented. There will be fun gifts as well as recognition for the most flat tires or other notable achievements!

Also, at the party will be the annual elections for next year's officers! This is a **DON'T MISS!**

Let's celebrate the Christmas Season together AND sing "Happy Birthday to You" to our cherished Charter member, Bartlesville Pedaler Clarence Lanning, 90 years young on the 9th!!

Come for some fun door prizes and other surprises and receive your annual Mileage Certificate (Be sure to have your miles in to Vince by Dec. 1!)

Renew your family membership for 2004 and get your name in the drawing for the **FREE** membership! 🚲



As we ride into the sunset of another bicycling year, the Pedalers wish you Happy Holidays and a Joyous New Year!

FreeWheel 2004 Dates & Cities Announced

The 26th annual cross state, week long ride, Oklahoma FreeWheel is set for June 13 - 19th, 2004. Tonight at the December planning meeting in Tulsa, Libby Stalter, Tour Director, gave Duncan, Apache, Cordell, Cheyenne, Thomas, Fairview, and Cherokee as the host Oklahoma towns for the approximately 400-mile event in a more western tour of our scenic state. She will announce the complete route later this week, with the finish in southern Kansas. 🚲

Proposed Slate of 2004 Officers & Directors

It's that election time of year and the candidates are battling. For the Bartlesville Pedalers, the by-laws require an annual election for a new Board of Directors, which happens each December at our annual meeting. At the last Board meeting in November, a tentative slate of officers was discussed. Those who have already agreed to serve if elected are here presented for your consideration. Other members will be contacted by the current Board to fill the open positions. If you want to volunteer to serve in some capacity, or have an idea about someone else, please contact a current Board member. Formal nominations will be made and voted at the meeting. 🚲

Suggestions for 2004 Board positions:

Pres:	Dale Munn
VP/Treas:	Joel Martin
Secy:	Rod Harwood
Road Dir.:	Bob Lummis
Mtn. rides:	George Harris
At large 1:	Joanne Estes
At large 2:	Bob Pinnick
Past Pres.:	Jim Black
Editor:	Vince Hennigan

Pedalers' Annual Christmas Lights Ride and Gift Exchange

Bring your bike with appropriate lights for riding at night, with decorations if you like, when we meet 6:30 pm Sat., Dec. 6, 2003 at Rod and Joyce's house, 1356 SE Dewey Avenue. We'll ride down to Johnstone Park, do a loop through Fantasyland forest, then, if it's not toooo cold, wind back through town for some more lights before ending back at Rod and Joyce's. Rod and Joyce are hosting a warm-up party and will provide hot drinks. Bring a sweet or savory holiday munchie to share.

We will again do a "choose or steal" gift exchange. Bring a modest, under \$10, perhaps wacky, wrapped gift for an anonymous recipient. All gifts will be put in a gift pool under the tree. The exchange is a game of choose or steal. You'll have to come to find out the rules. Hint: stealing will be regulated.

Call Rod or Joyce at 336-7546 for more info or directions. 🚲

Order an OBC Calendar

Place your orders for the new Oklahoma Bicycle Coalition 2004 Calendars at the Annual Christmas Party Tuesday night, Dec. 9th. The beautiful, full-color, 12-page calendars will be ready to mail to you on the 19th. "Tulsa World" color photos and all your favorite area rides are listed, and will be mailed directly to you, all for \$12.00! Only 250 are being printed and will be available for orders on first-come basis. OBC membership forms will also be available, Tuesday night.



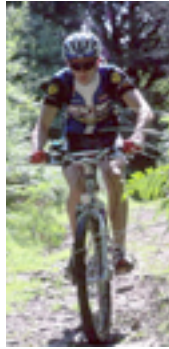
OFFICERS/DIRECTORS

Jim Black, President
335-3553 (hm) rmjblack@bartnet.net
Dale Munn, Vice President/Treasurer
333-5693 (hm) dmunns@swbell.net
Joanne Estes, Secretary, 333-6524 (hm)
Rod Harwood, Road Biking Director, 335-7546 (hm)
George Harris, Mountain Biking Dir., 331-9080 (hm)
Brad Cobb, Director at Large, 336-5046 (hm)
Shirley Martin, Director at Large, 333-8294 (hm)
Vincent Hennigan, Newsletter Editor
338-0604 (hm) vhennigan@yahoo.com

Mountain Biking...

From the Mountain Biking "Director"...

By George Harris



I went out and talked to the Osage Hills park ranger, Tony Vaught, just to insure that our club's mountain bikers had not caused any problems and to make sure that we understood what we could do and not do.

Tony said that he had no problems with any of the Bartlesville club members in all the time we have been riding in the park. He says that he has never found any trash or garbage on the trails and now signs trail abuse. (Let's keep it that way. Pick up any trash you find along the trails.) He also said that in the last year there was only one time when any mountain biker has caused problems. Two riders were evidently playing downhill racers, which wasn't the problem. The problem was that they were riding off established trails breaking limbs off trees and breaking down small trees. (The message here is to stay on established trails.)

Tony did say that his biggest problem was people marking new trails using the orange survey ribbon/tape. A couple of search missions were required as the results

of non-outdoor type individuals getting lost after following the survey ribbons into the woods. He asked us to remove all the ribbons we found.

He also asked for our help on a problem he is having. Tony ask us to report any confrontations that occur between ourselves, whether mountain biking or otherwise, and any other individuals or groups in the park. There is one Tulsa organization that he may have to take legal action against. In general individuals from this club have acted as if the park is their personal private park. They appear to be the main ones putting up the survey ribbons. They have also caused trouble for other using the park. In one instance chasing a group out of a pavilion they had reserved for a birthday party. I've had one run-in with this club and they are definitely the rudest, nastiest individuals I have ever encountered.

Have a happy holiday. Then get that mountain bike out and work off that holiday turkey.

George

Sunday Cross Country Rides

The Sunday mountain bike rides for the month of December will again be out at Osage Hills except for December 28th. No mountain bike ride is scheduled for that day. We will start scheduling some different rides to mix in with Osage Hills in January. 🚴

Report from the Road Director

My term limit has hit. Two years of really learning the roads around Bartlesville and being Road Director has made me appreciate even more what a great area we have for road cycling. Flats, hills, long routes, short routes, virtually any direction we want to go, good pavement, low traffic, mostly fair weather, and a tailwind wherever we go. Well, that last one isn't always true. But besides these blessings, we have a great group of riders to enjoy it all with.

As many of us often wish, it would be nice to expand our circle with some more rider/members to share all this bounty. I think the best way we can realize this wish is to conduct ourselves in a friendly, welcoming, and accepting way. The point of having a club and sponsoring club rides is to enjoy our hobby together, not off the front or dropped off the back. If you want to ride strictly at your own pace and time, it would be better for you and the Club to do it on your own. That's not to say we must always be in a tight group, but we should keep in touch in some way during every ride, assuring, at a minimum, that no one gets stranded or lost.

One way we tried a few times is my "loop de loop" idea of having faster riders go out ahead for a while, then loop back and ride with the slower riders for a while before taking off again. I suggest we give this idea a good trial this spring heading into Freewheel.

Another feature of my tenure was the system of sharing ride leadership. My perception is that it worked out well. For me, it relieved feeling the need to be there for every ride or find a last minute substitute. For the membership, it provided opportunity take some small responsibility the functioning of the Club, and perhaps some (comic?) relief from having the same guy tell you where you were going each ride.

Underpinning these thoughts is a set of ride and ride leader guidelines, which I have reprinted in this newsletter as a reminder to members and a suggested starting point for the incoming Road Director.

There's still riding to be done, folks. Starting in December, the Saturday road rides will begin at 9 am to give the winter days time to brighten and warm, and the usual "40 degree rule" will be in effect - if its below 40 (or precipitating) at 9 am the ride time shifts to noon. See you on the road. 🚴

Ride well, ride often,

Rod

Pedaler Profile

Rod Harwood

Our featured Pedaler this month has a long association with bicycles. He learned to ride at the age of 6 on a rented bike at the Cincinnati Lunken Airport recreation park. That Xmas he got his first bike, a decked out J.C. Higgins that sufficed for fun, freedom, and transportation around the neighborhood through teen years. He and his friends' fondest activity was to go fast down the alley, then slam on the (coaster) brakes to go into a skid.

For college he got an old Sturmley-Archer 3-speed which he loved and rode everywhere, always careful to lock it when parked. One day he parked his bike by the library to return some books, a quick errand, without locking up. When he came out 30 seconds later the bike was GONE! Despite exhaustive efforts to recover it, no bike; so, two months later he bought a new three speed as much like the old one as possible. Alas, it was never the same. But then one day several months later, while riding through campus, there goes his old bike. Unmistakable! What to do? His first instinct was to follow it, heart pounding with consternation. The rider pulled up in front of a shop and went in. "There is MY bike, just sitting there", he thought, and quickly he locked his new bike to a pole down the street, walked to the shop, hopped on the bike and rode off, his first ever (and only) felony!

Finally the old bike wore out, so he decided on a ten speed, a mid-level Motobecane that got him through school, but then hung mostly unused for years afterward. It wasn't until he hit Bartlesville and the Pedalers that the riding bug really hit. A Pedaler ride on a spring day in the mid 90's started him off. The Pedalers were friendly and encouraging, and he went back, and back, and brought along his wife, Joyce. They rode all season, did a few organized rides, including the Hotter 'N Hell Hundred that August, all on their old graduate school ten speeds.

After HHH, they thought they deserved new bikes. So along came modern 16 speed Specialized race bikes. What a difference! They were so smooth and fast. Looking back, he realizes that about that time, the repeated dreams of being able to levitate he had experienced for many years disappeared about then. He now is convinced that somewhere inside, it's the floating, levitating sensation that makes cycling so much fun for him.

It's just gotten "worse" from there. He now has a bike



On top of the World! Rod Harwood during a recent visit to watch bicycle racing in Spain.

collection of 5 and is shopping for another. Through his bike racing daughter, Karen, he's taken up racing, race promoting, and hanging out with the Tulsa Wheelmen. Then there's the taste of track riding - what a kick! And he's become a follower of the professional bike racing scene, capped by a fabulous trip to Spain this September to see the Vuelta a España, the big three week race around Spain. He says he can't adequately express what a thrill that trip was, but perhaps this picture of him having ridden the 22 km mountain ascent of the stage 16 Sierra Nevada will provide an idea.

Of course, the mystery man is our current ride leader, Rod Harwood. Asked what's next, he replies, "More of all of it - road riding, training, racing, touring, track riding, mountain biking - and perhaps a tandem in the future for Joyce and me. Then there's my grandsons - Garrick, 21 months, and Tristan, 1 month - to be introduced to the pleasures of two wheels so they can go riding with their grandpa." 🚴

Bartlesville to Sponsor OK State Road Race & Criterium Championships in June

The Board Members of the Pedalers met Nov. 17, 2003 to discuss the new proposed officers for 2004. Members will get to vote on this slate of officers at the Dec. 9 Christmas Potluck, said Secretary Joanne Estes.

Present: at the meeting were Jim Black, Donna Black, Dale Munn, Rod Harwood, Shirley Martin, George Harris, Vince Hennigan, Joanne Estes and Bill Estes.

The following items were discussed:

- President Jim reviewed the proposed slate of officers for 2004: Dale Munn, President; Joel Martin, Vice President-Treasurer; Bob Lummis Road Biking Director; George Harris, Mountain Biking Director; Rod Harwood, Secretary, Vince Hennigan, Newsletter Editor; Past President, Jim Black; Bob Pinnick and Joanne Estes, Directors at Large. Other nominations will be taken at December Meeting and slate will then be up for vote by members present!

- The Annual Christmas Party and Meeting, set for 6 pm Dec. 9 was discussed. Special ideas to recognize our charter member, Clarence Lanning will be finalized with Donna, Joyce and Rod.

- Jim and Donna will be late attending the event so asked Dale to preside until they arrive!

- Rod & Joyce to host their annual Christmastime Lights Tour and Party with white elephant gift exchange, Saturday evening, December 6th. (Details will be in December newsletter, per Rod.)

- Rod and Adam Pratt have plans with the Tulsa Wheelmen to sponsor an Oklahoma State Championship Criterium and Road Race June 5-6, 2004. This will give us a chance to showcase our area with Bartlesville being the hub! - the crit to be downtown and possibly the road races in the Osage Hills areas - Jim to assist Rod with route ideas. Sponsorship from ConocoPhillips, etc. to be sought. Crit will be on Saturday with Adam's guidance and the road race on Sunday to be Rod's under direction.

- Shirley mentioned early notification the police department of the routes, so they will be prepared to block off any streets needed. Rod said these events would probably start early each day - maybe 8 or 9 a.m. Pedalers volunteers will be most appreciated!

- (This will be SunFest weekend, and the Bi-plane Fly-in. OK FreeWheel will be June 13-19, same days

as OK Mozart.)

- Joanne asked if club could furnish sort of a wallet-size ID card for members to carry - helpful with bike club discounts, etc.

- Joanne, after visiting with "Adam" at Lee's Bicycles in Tulsa recently, also asked if OBC members Rod and Joyce could give information on the Oklahoma Bicycle Coalition at the Christmas Party/Meeting - Jo has some pamphlets available and hopefully the 2004 OBC calendars will be available for purchase or to take orders at that time!

- Fairweather Friends rides will continue 2 p.m., Tuesday and Thursday afternoons from Sooner Park through December, with regular road rides from Johnstone Park Saturday mornings and the mountain bike rides will be on Sundays.

- In the "FreeWheel Corner" Joanne, (rest stop volunteer again for 2004) has put the annual Pedalers' Sponsored FreeWheel Informational meeting for the public on the March 2004 Calendar - Tuesday, the 9th - Noon hour at the library, with Tour Director Libby Stalter presenting the scoop for the annual cross state ride the second full week in June. The Library and Libby are reserved! Also, the Chamber of Commerce will have this listed in their first-quarter events calendar, so will be good publicity for the Pedalers.

- Dale reports \$1,057.44 in the treasury.

- Participation in Bartlesville Christmas Parade, 11:00 a.m. December 13 was discussed. Libby reports that FreeWheel will NOT be participating in the Tulsa Parade that evening - the Tulsa parade planners said "no" to bicycles - thought they were a safety hazard! Floats, okay, but not bikes! - (They were just fine LAST year! - got lots of TV coverage & had lots of fun and creative cycles and holiday dress!)

- It would be great to have a "Bartlesville Pedalers" banner to carry - Shirley said it was economical to recycle old banners.

- Next board meeting will be Monday, December 15th to allow for the Christmas holiday! Same time, same place! 🇺🇸

Respectfully submitted,

Joanne Estes

Pedalers Secretary

*It is not so much
the destination
as the journey
that makes cycling
worthwhile.*



Clockwise from top left: What happens after Jack & Joel go up the hill? Joel stops to fix a flat as Jack watches; Shirley Martin pauses with visitors Lannie and Christie on a June ride; It's a Family Affair at the August 5th Watermelon Ride as Donna, Jim, Susan and CJ Black pose for a photo at Johnstone Park; Joanne and Bill Estes on the Pawhuska Pancakes Ride (so who took the photo?); and Sporting their new OK 2003 FreeWheel jerseys at the May 31 Tour de Tulsa are Bill and Jo Estes and Ross Snyder.

*The Year 2003
in Review.
Photos
from the
Bartlesville
Pedalers.*

*All photos by
Joanne Estes
(except as noted)*



Above, right: Our "Pancakes in Pawhuska Ride" on May 17, 2003 attracted a small crowd of onlookers from Osage County. Below, right: Bill Estes relaxes after a pre-FreeWheel training ride on the back patio.

**For dozens more photos go to...
www.BartlesvillePedalers.com**



Snow and Ice Biking in February 2003 with Bob Lummis. Photo by Dale Munn



Bartlesville Pedalers Ride Rules

- 1) Helmet required
 - 1a) Strongly suggest carrying tire tools, pump, spare tube, money, snack, water
 - 2) Ride on right side of street, max. of two abreast (it's the law); ride single file in traffic (it's a courtesy)
 - 2a) Don't ride in gutter - you have a right to a lane of traffic
 - 3) Obey ALL motor traffic rules, esp. stop signs and traffic signals
 - 4) Signal ALL turns
 - 5) Warn fellow riders of road conditions - point and shout: "car back," "glass," "hole," etc.
 - 6) Pass fellow riders on the LEFT, warn rider ahead when passing with "on your left"

- 7) All club rides will stay together as a group for first few miles or to the edge of town
- 8) At least one rider should attend another rider who has mechanical difficulties
- 9) Drink, drink, drink, especially in hot weather

Ride Leader Guidelines

- 1) Safety is your #1 priority; review the above rules with the group before each ride
- 2) Ride leader will announce route and may change it at his/her discretion
- 3) Ride leader will make sure no one is dropped
- 4) On rides longer than 35 miles, ride leader will designate a regrouping point/rest stop (preferably coinciding with available cold drinks and snacks)



BARTLESVILLE PEDALERS

News Flash

DECEMBER 2003 • A SPECIAL SUPPLEMENT FOR THE PEDALERS BICYCLE CLUB, BARTLESVILLE, OK

Christmas Parade Dec. 13th

For all of you Pedalers who are interested in showing off or just like to be seen on your cycle, the Pedalers are registered to be in the Bartlesville Christmas Parade. The parade starts at 11 am, so if you are planning on being with the Pedalers, show up in the ConocoPhillips parking lot between 10:30 and 10:45 am on the 13th. This will be an opportunity to show residents that there is an active bicycle club in Bartlesville. So if you're available come on down and join the parade. Remember, everyone enjoys a parade! 🚴

Fair Weather Friends

During the fall and winter, we will be having Tuesday and Thursday rides leaving from Sooner Park at 2:00 PM. These rides will normally be about 2 hours or 25-30 miles.

So if you have some time off contact one of the Fair Weather people to see what is going on: Dale, Bill, Bob, Jack or Walt. These afternoon rides will continue until daylight savings time returns. However, if it's rainy or too cold and windy we'll be staying inside.

For additional info on rides, you can join the Fair Weather Friends E-mail list. Just click on the link present on the members only page. www.bartlesvillepedalers.com 🚴

*Won't
you
join
us for
a fun
ride?*



2004 Memberships are now due

It is time to pay dues for the 2004 membership year. An excellent time to pay your dues is at our annual December 9th meeting. Paying your dues at or before the December meeting will enter you in a drawing for a free membership. Also at the meeting we will have a supply of "Share the Road With Bikes" bumper stickers from the League of American Bicyclists!

There have been some new faces on rides during the later part of the summer. Make sure that these fellow cyclists know of the benefits of joining with the Pedalers. As a benefit anyone who joins now for the 2004 year will receive membership for the rest of 2003. Also, they will be included in the drawing for a free membership.

Among the super reasons for joining the Bartlesville Pedalers are:

- Access to the "Members Only" area of the web page;
- Our super monthly newsletters;
- Many club activities during the year;
- Camaraderie with many area cyclists;
- Part of a collective voice for cycling in the Bartlesville area.
- Discounts at bike shops in Tulsa.
- During the last year Performance Bike has had two sales for bicycle club members. This resulted in a 20% savings on any merchandise purchased during a single day at Performance. Participating in these sales could more than save the price of a Pedalers membership. 🚴

All stories by Dale Munn