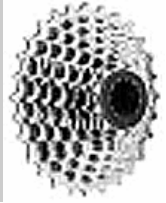




Bartlesville Pedalers Gazette



July-Sep, 2005

The Newsletter of the Pedalers Bicycle Club, Bartlesville, Ok



Bartlesville Fall Bike Festival

GET YOUR KICKS ON ROUTE 66!

Since Oklahoma FreeWheel isn't holding a Fall Bicycle Festival this year, the Pedalers will be holding their own Fall Festival October 22 & 23 at Bob and Patsy's new home near Marshfield, Missouri. We'll ride the three miles from the house to Marshfield where we'll hop onto the Mother Road. (Route 66.) One day we'll go east and the other we'll go west. We will decide before we leave how long of a ride we want, but the suggested ride east is 45-50 miles and the suggested ride west is 50 – 65 miles. The road is good, traffic isn't too heavy, and the hills are mild. (By Missouri standards.) Maps will be provided and Bob will be Ride Leader both days. We will ride as a group and no one will be dropped.

The plan is to meet at Bob & Patsy's house on Friday afternoon and then ride Saturday morning and again on Sunday morning. We can also take some short rides Friday if desired or just sit around and chill. (The best short rides near the house are on gravel roads. Mountain bikes work real well for this.) There are three spare bedrooms in the house, a sleeper sofa (maybe two), and if that isn't enough, lots of floor space for sleeping bags. You are also welcome to camp if you prefer. On Saturday evening, weather permitting, we'll build a fire outside and have a cookout.

Bob & Patsy's house is located three miles south of Marshfield, Missouri. To get there, take Interstate Highway 44 to the Marshfield exit (Exit 100). The Marshfield exit is State Highway 38. Turn right onto Highway 38 and follow it through Marshfield until it crosses the railroad tracks. Immediately after crossing the railroad, turn right onto State Highway "A". Follow Highway "A" 3 miles south to Farmland Road. Turn left (east) onto Farmland Road and drive nine-tenths of a mile to Bob & Patsy's house. (714 Farmland Road.) The house is on the right side (south side) of the road. A map will be posted on the club website shortly to help with these instructions.

Walk This Weigh

The Bartlesville Pedalers and Adventure Bicycle Center are joining with the Washington County Health Department and other local organizations to sponsor "Find Your Path To A Healthier You." The kick off event, "Walk This Weigh," will be Saturday, September 17th at 6th and Dewey. The theme will be run, walk or ride your way into a healthier you. The pedalers will

be leading a 9 mile cycle route. After this ride, the pedalers will ride the north loop route to finish off our normal Saturday ride.

There will be T-shirts, water bottles and pedometers while supplies last to the participants. There will also be several tables with information and free health screenings. Pre-registration is at 8:30 am, site activities from 9:00 am—12:00 pm. The bicycle ride, jogging (4 miles) and walking (2 miles) will start at 9:30 am.

Also in the area will be the Indian Summer activi-

(Continued on page 6)

Spinning Wheels

By Dale Munn



It's been a great summer with all of the cycling activities we have participated in. There were even several that went to the Hotter'n Hell in Wichita Falls, Tx. Some of us a little reluctant, but it was another one of those great years with moderate temperatures and variable winds.

As you can tell by the infrequent newsletter, we still do not have a real editor and I'm not motivated to get this done every month. So, if you would like to try your hand at the newsletter, let me know. Also, if you have news to share, send it to me at editor@bartlesvillepedalers.com. I know you all have a lot of interesting stories from Free-Wheel, Hotter'n Hell and other rides you have been on this year. Share your stories with the club.

The next pedalers board meeting will be on September 19 at 6:30 pm. Come join us at the Madison Pizza Hut. If Pizza Hut still has the special for \$5.00 medium pizzas, we will all order together to get a good deal on Pizza.

Be sure to check the calendar on the web page for information on upcoming rides and events. Also, there is information on the club information link which shows the starting time of rides during different months of the year.

It is getting near the time of year when a nominating committee is appointed. If you are interested in serving, please let me know. Also, encourage non member riders to join the club. Remind them that new memberships from October—December are paid for next year.

That's it for this newsletter. Keep riding and saving gas.

Board Meeting

August 2005 Pedalers Board Meeting

The monthly board meeting for the Bartlesville Pedalers was held 6:30 p.m. Monday, August 22, at the Madison Pizza Hut. Those in attendance were President Dale & Judy Munn, Joel & Shirley Martin, Bill & Joanne Estes, Rod Harwood & Joyce Fogle, and Patsy Lummis.

After delicious dinners, Dale brought the meeting to order. Patsy and Bob Lummis have graciously invited the Pedalers to come to their new rural home in Missouri for a Fall Bike Ride & Campout the weekend of October 22, the Saturday after the Woolaroc Run.. This sounds like an exciting outing; details to follow! (She mentioned shopping tours for the non-riders, to the nearby discount mall in Lebanon, while the cyclists enjoy pedaling on good ol' Historic Route 66!)

Bill announced to those who would like to caravan to Wichita Falls on Friday, to meet at Albertson's parking lot 10:00 a.m. Several Pedalers will be attending and many camping out at the Burkburnett Campground near the Red River.

Dale told about the DAMJAM deadline nearing. This annual ride in Pryor will be the Saturday after Labor Day, September 10. Save money & ensure a t-shirt, by registering early.

On the noon hour, Thursday, the 15 at Conoco-Phillips, Adventure Bicycle Center and the Pedalers will have a "booth" at the ConocoPhillips Health Fair. This will run between 11:00 a.m to 1:00 p.m. Darlene plans to have a table set up and a bicycle or two & invited us to join them. Set-up may begin at 9:00 a.m. Shirley suggested we Pedalers bring our old jerseys & a few Newsletters.

Shirley & Dale mentioned a Washington County Health fitness event the following Saturday, September 17. Dale has supplied the bicycle route – about 9 miles. Free T-shirts & water bottles, etc. will be furnished. There will be a 5K Fun Run as well. Laurie Smith will know the details, says Shirley. Sounds like fun & could be possibly coordinate with the usual Saturday morning ride, according to Joel. Joel plugged Paul "SteelWoollett" as our candidate for representing the Pedalers in ALL events that day!!!

Joel reminded us that the Tuesday & Thursday

(Continued on page 6)

Bicycling Magazine Contest

By Sharon Crossman

Last spring I entered a contest given by Bicycling magazine. The person who wrote the best haiku (a three-line poem) would have their pick of any bike in the Buyer's Guide, worth up to \$4,999. Here's my entry:

she was a brazen huffy
he campagnoloed on her doorstep
and swept her off her kickstand

It was thrilling to get a call from assistant editor Emily Furia, telling me I won! With the help of Corey Cohen, who is an expert cyclist, racer and wrenchdude at Adventure Bicycle Center, I chose a custom, carbon/titanium Serotta Nove frame.

I went to a Springfield, Mo. Serotta dealer for the intensive fit and instruction in proper riding positioning. The funnest part was getting to choose the frame's colors and decals.

My present bike is a Giant TCR, which belonged to Randall Clayborn. I was hoping to use its components, but they told me some aren't interchangeable. I may end up with two incomplete bikes, but that's okay. All in good time.

The Nove's frame will be ready in 4-6 weeks.

Scandinavia '05

By Thomas Miller

Hi Joanne, hi Bill,
How are the bicycles rolling?

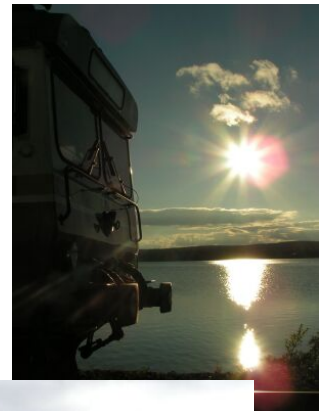
School starts tomorrow, for my (hopefully) last year in German high-school.

Two weeks ago I returned from a three week trip with one of my friends through Scandinavia (Norway, Sweden, Finland and Denmark). We had a 22-day-railroad-ticket, where we could take any train we wanted for that period of time. So we started out with our back-packs (mine was large than me, which looked pretty funny) and our tent going northward to Stockholm (Sweden) and further up the Swedish coast. There we took a slow-going train through many of the national parks in Sweden. At some point we crossed the Artic Circle which meant, that north of this point the summer sun does not go down any more. It was pretty strange the first night, when you get out of your tent at midnight and it is not dark at all. We went on through Finland, visited the capital Helsinki and then went back up and crossed into Norway, which is, as I think, the most beautiful of all the northern countries in Europe. There are high mountains and the ocean right next to each other, there are wild flowing rivers and creeks, a rough landscape and lots of very nice people. Well, anyway, a very nice trip and I think the pictures that I have attached tell more than

a thousand words.

Later. Thomas

PS.: my family and I really enjoyed the FW04 DVD that you sent John, keeps up good memories



Board Meeting

July 2005, Bartlesville Pedalers Board Meeting

On Monday evening July 18, at 5:30, at the Madison Pizza Hut, the following Pedalers enjoyed the pizza & pasta specials: President Dale Munn, & Judy, Joel Martin, Bob Pinnick, Jack Tatum, Keith Clark, Bill & Joanne Estes, Walt & Betty Bohn, Tim Harper, and Sharon Crossman.

Joel & Dale fine-tuned the logistics of the upcoming annual Credit Card Campout to Independence, KS on the 23rd. Caney resident, Sharon, offered to assist in refreshing the riders as they pedal through town. Neal plans to cart the baggage in advance.

Jack & Walt invited our seniors to the Oklahoma Senior Olympics September 26-27. Contact them for the details!

Walt reported the Elks raised \$250 to sponsor an "On the Rock" youth, and Bill Estes told that our generous Pedalers did likewise. Malcolm & Barbara Joyce are giving successful trip reports with thanks to all who helped in many ways!

Dale encouraged those in attendance to be thinking of new slate of officers for 2006. Many fine qualified Pedalers are on the growing present membership. Dale has set high standards for his successor!

A Newsletter Editor is still at the top of the vacancy list for filling! (Will the qualified person please step forward and contact Mr. Dale? You will enjoy using your skills to compile various columns submitted by members & give it you own special touch!)

Tim reminded all of the annual favorite ride in Pryor, OK, the "DAM JAM, September 10th, the Saturday after Labor Day, as well as the Oklahoma MS150, also, that month.

Several are planning to participate in the Hotter'n'Hell Hundred in Wichita Falls, TX, August 27th. Bill Estes is compiling a list.

Joel enlisted leaders for August Saturday morning rides. The 6:00 o'clock Tuesday & Thursday evening rides will continue & be tail-wind rides. The "dog days of August" will be more enjoyable with the annual Watermelon Ride, Rod's Snow Cone Ride & Bill's "Custard Cup." These are evening events.

Mountain Bike activity at Osage Hills State Park may be resuming on Wednesday evenings as the old trails are freshened up! Contact Randall.

Dale suggested the board meeting times return to the former 6:30 p.m. time slot, so that the Clayborns may attend. Their Adventure Bicycle Center closes at 6:30. All concurred, therefore, the new time will take effect August 22nd. See you then at the Madison Pizza Hut!

Leisure Ride

Many who have been coming to the Tues/Thurs evening rides have noticed an obvious fact: we have many different paces and tend to ride in small groups where the pace is attainable and not too strenuous for our abilities. In terms of average speed, the three main groups are less than 12 mph, 12-15 mph and greater than 15 mph.

Many who are just starting to ride fall

into the less than 12 mph or leisure group. What we would like to do is find a time to schedule a Leisure Ride where those that want to ride at that pace will be able to ride with others riding about the same pace. The time and place could be the same as a normal club ride, but the route and ride leader would be different.

Let me know your views on this subject. If you are interested in being part of a Leisure Ride, let me know what days and times would work best for you.

Dale Munn, 333-5693 or [dmunn@swbell.net](mailto:dmun@swbell.net)

FreeWheel Corner

2005 OKLAHOMA FREEWHEEL OVER,
BUT NOT FORGOTTEN!

Congratulations to all those Bartlesville Pedalers and local cycling friends who enjoyed a pretty fantastic adventure in June, riding from Paris, Texas to Caldwell, Kansas in the allotted week! Those first-timers really made us proud! Many sported Honobia Hill Blue Ribbons after conquering that climb on Monday, from Antlers to Talhihina. Several even had enough steam left on Friday to log in the optional beautiful century scenic "cruise" into Ponca City! You couldn't go wrong on either of the "choices" days! Each route was spectacular!

Lots of THANK-YOUS go to so many organizations and individuals. The Number One FreeWheel Trooper is Libby Stalter, our ingenious,

capable, hard-working tour director - PLUS all her valuable volunteers!

Then here in Bartlesville, the Pedalers are most grateful to Cable One, the Bartlesville Public Library, the Chamber of Commerce, Albertson's Food Center, Charlie Taraboletti and KWON, Adventure Bicycle Center, and the great features in the "Examiner Enterprise!" Thank you, Susan Albert! We just might see her and her family on FreeWheel next year!

We, also, are most grateful to our brilliant Bartlesville baggage loading supervisors, that early Monday morning, in Antlers! THANK YOU, Darlene Clayborn, Barbara Hinsdell, Tim Welch and Dale Munn!

Continue to check the okfreewheel.com web page for ongoing comments, photos, and plans for NEXT year!!! The Bartlesville Pedalers have one of the best photo galleries around! Don't miss it!

Pedaler Profile

Joel Martin



Joel Shows how to fix a flat at 2004 FreeWheel Countdown

This month, the mystery man for our Pedaler's Profile is Joel Martin. He is presently serving a second term as our Vice-President-Treasurer, and more recently volunteered to temporarily fill the Road Biking Director vacancy. When asked to write a little about his bicycling background, he replied that he became a Chemist so that he wouldn't have to write! Joel does work full-time for Chevron Phillips Chemical Company, so devotes most of his time toward keeping the company running smoothly!

We do know that Joel has been married to Shirley Martin for several years, and Shirley tells of their courtship during which their common interest of bike riding and other athletic activities (Scouting,

Osage Hills Running Club, etc) helped with their determination to tie the knot!

Joel & Shirley trained and rode their first FreeWheel in 2004. They sponsored German foreign exchange Dewey High School student, Thomas Martin, whom we just know had to be a distant relative! Joel is famous for his wry sense of humor and sees no need to ride his bike anywhere other than around our nearby Osage, Washington, Nowata, etc. Counties, however, a few years back, some of us remember cycling in Wichita Falls, TX and seeing Joel arduously roller-blading the hot, late August course!

We are thankful to Joel for his keen knowledge of the many paved county roads in our area and his thorough attention to keeping all us challenged with the Pedalers' multitude of scheduled rides. Thank you, Joel AND Shirley!



Joel shows some riders the route to Pawhuska on a map



OFFICERS/DIRECTORS

Dale Munn, President

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Joel Martin, Vice President/Treasurer

Rod Harwood, Secretary, 335-7646 (hm)

Joel Martin (Interim), Road Biking Director

George Harris, Mountain Biking Dir, 331-9080 (hm)

Bob Pinnick, Director at Large

Joanne Estes, Director at Large, 333-6524(hm)

(Open), Editor

BARTLESVILLE PEDALERS BICYCLE CLUB

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(Continued from page 1)

ties.

This event is a good opportunity to invite neighbors and friends to participate in an activity which could be the start of a better life style. Fliers are being distributed to the area schools. There are radio station spots and newspaper coverage of the event. So plan on joining us downtown on September 17th.

(Continued from page 2)

evening rides will continue through Daylight Savings Time, which ends October 31st.

Dale read Randall's e-mail news about our many other local bicycling events. Randall & Tom Rovenstine are back helping youngsters train for the Little One Hundred this fall.

The meeting was adjourned and will resume, September 19th, same time, same place!

Pedalers Membership

Membership dues are \$16 per household for the calendar year. Anyone joining during the last quarter of the year is paid through the next year.

Among the super reasons for joining the Bartlesville Pedalers are:

- Access to the members area of the web page;
- The super newsletter you are reading;
- Many club activities;
- Comradery with many area cyclists;
- Part of a collective voice for cycling in Bartlesville;
- Discount at Bartlesville Adventure Bicycle Center.