

Free Membership

By Dale Munn, Vice President

That's right, one lucky Pedaler will receive their membership free!

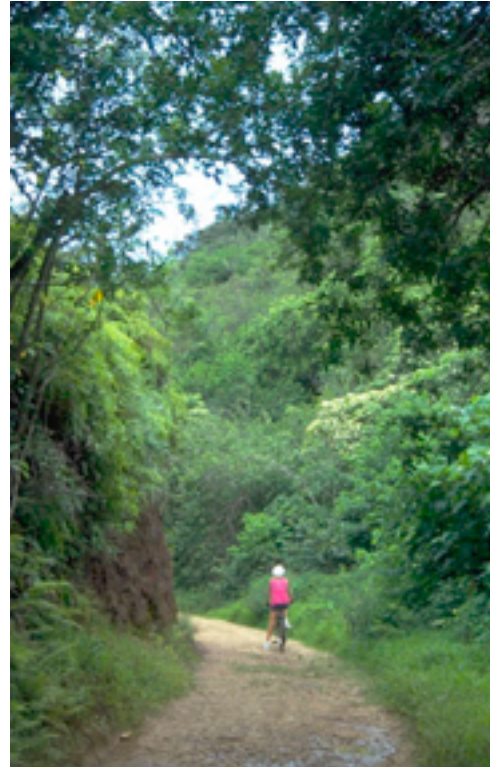
The way to be entered in the drawing for a free membership is to have your 2004 dues paid either at the December meeting or if you can't attend the meeting, send your \$16 dues in before the meeting. The goal for the club is to have everyone paid up by the December meeting. Congratulations to John for being the first to send in his 2004 membership! We now have at least one member for 2004.

Along similar lines, this is a good time of the year to recruit new members to the pedalers. As a benefit anyone who joins now for the 2004 year will receive membership for the rest of 2003. Also, they will be included in the drawing for a free membership.

Among the super reasons for joining the Bartlesville Pedalers are:

- Access to the members area of the web page;
- The super newsletter you are reading;
- Many club activities;
- Comradery with many area cyclists;
- Part of a collective voice for cycling in the Bartlesville area.

- Discounts at bike shops in Tulsa. 🚲

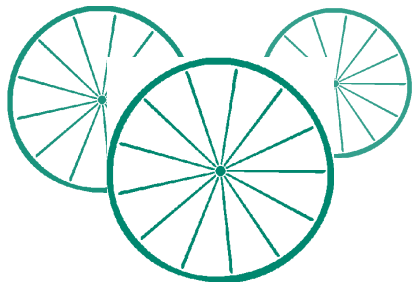


*It's a great time to go for a ride,
see you on the road and on the trail!*

OK Fall Bike Fest

It's October and time for the Oklahoma Fall Bike Fest, Friday through Sunday, the 10th, 11th, and 12! Come to Fairview, OK, just west of Enid and east of Weatherford, for three days of fall riding and camping at friendly Fairview, OK. This little community is nestled in the valley between the Cimarron River and the Glass Mountains. Nearby is the Sod House Museum at Aline, OK and the Canton Lake Recreation area is just south.

Indoor AND outdoor camping will be available, as well as s'mores around the evening camp fire, and hog roast Saturday night! Come to Specht Park and enjoy all the amenities. 🚲



Spinning Wheels

Winds of Change

When we rode out last Tuesday I noticed the winds were up. (Imagine that in Oklahoma.) But as we rode, and as we talked, I saw that these were not the normal Oklahoma winds, these were winds of change.

This time it's not just a function of the time of year. These changes are more intense every two years. That's because our bylaws say we can only hold office for two years, and it's that time. Yes, we need to form a Nominating Committee and Nominate and elect new officers for next year if our club is to continue.

Since I know you are all interested in the health of the Club I'll make this appeal. If you would like to serve on our Nominating Committee or hold a position next year give me a call this week, before we call you, and we'll get this thing rolling. (Maybe I should say "spinning".) Anyway, I think you get the idea. We need everyone pulling together to make our Club work, and it's time to hear from you. Let's make

these winds of change all tailwinds that will push us onward. Give me a call, and "Keep 'em Spinning."



Keep 'em Spinnin,
Jim Black
President

Beware of the Dog

On a recent Tuesday morning ride, Bill Estes discovered a friendly but dumb dog on Rice Creek Rd. The location is on the north side by the curve in the road just after you come up the steep hill from New Harmony. If you are going east, you can see him a head of time, but going west it is difficult to see him. This super dumb dog ran straight at Bill's front wheel causing him(Bill) to lie down in the road. Unfortunately the dog was not injured. Bill was not seriously hurt, but certainly has some road rash and bike repairs to take care of. Keep your eyes open for dogs as you ride and hopefully avoid the consequences.

Letter to the Editor

Nice looking newsletter! I found it today doing a Google search on my own name. Looks like you used some of my FreeWheel photos in the July 2002 and May 2003 issues.

It is interesting where these photos end up. I even tracked some of my RAAM photos to a German website once, but I may have given them permission - not sure, because my German is not that good. Anyway, good newsletter. - David Kincannon

Ed. Note: David is the photographer for OK FreeWheel.



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Board discusses upcoming Christmas Dinner

A meeting of the Pedalers Board was held Sept. 22, 2003 with the following members present: Jim Black, Donna Black, Dale Munn, Shirley Martin, Bill Estes, Joanne Estes and recruitable former Pedaler, Michael Smith!

Jim brought the meeting to order. Dale reported from the mail box stack the 2 most bicycle friendly cities - Palo Alto, CA & city in Oregon. He has ordered "Share the Road" bumper stickers for the friendly Bartlesville Pedalers!

Dale also reported memberships are already being renewed to take advantage of the free months!

Joanne reported Tuesday, Dec. 9th, 6:00 p.m., Disciples Christian Church has been approved for the Pedalers Annual Christmas Pot luck Dinner/Meeting. Helpers can come early to set up.


With regards to Libby Stalter's request to publish the Bartlesville Pedalers special events and rides - she is composing a 2004 calendar for the Bicycle Coalition - the Pedalers will be listing the "Firecracker Century" and the club web site for up-to-the minute features.

In Rod-the-Road-Man's absence, those present presumed there would be 2 o'clock Tuesday & Thursday afternoon "Fairweather Friends" rides starting in October.

Shirley & Joanne penciled in a tentative Trash Pick Up for Saturday morning, October 18 in leu of road ride that morning. Stay tuned for this confirmation by our trash pick-up creative events leader, Joyce, shortly! Mark your calendars and be ready!!! . . . just in case!!

Nominating Committee will be appointed soon by Jim Black. Shirley Martin and Bill Estes have offered to assist selecting the slate of 2004 officers. These will be elected at the December dinner meeting.

Treasurer Dale reported \$989.94 in the Pedalers account at this time. The new web server is working out well and there is a notable savings since the cost went from \$9 to \$3 per month! Thank you for searching that out, Dale!

Next board meeting will be 11:30 am Monday, October 20 at the Conoco-Phillips Cafeteria. 

Webmaster Ramblings

By Dale Munn


As the days got shorter this year, I thought it would be nice to know what is the time for sunrise and sunset. First I found a graphic that had the information, but took too much space on the main page. Then there is a place that computes a table for the whole year. This resulted in changing to PHP (a scripting language) to process the file and pick out the times for the current day, convert it to DST and display it. After figuring that out it seemed like it would be nice to have moonrise and moonset. After finding the same type of table, I found that my logic wouldn't work because there are some days when there is no moonrise which changed the format of the table. Now that I have redesigned my routine, you have sunrise, sunset, moonrise and moonset. What's next? Well it looks like it would be nice to have civil twilight - that is a better indicator on a clear day of when it is light enough to ride. If you click on the times, you can see the table for the whole year - in 24 hour CST format.

With my new PHP knowledge, I'm going to convert the events on the page so that they are very easy to modify. It will probably be changed to not display events that have expired by more than a month.

Keep your eye on www.bartlesvillepedalers.com, you never know what kind of changes you may find!

Fair Weather Friends

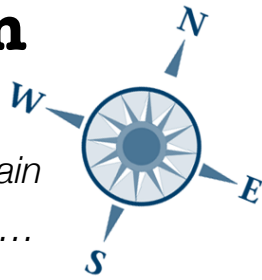
Now that the days are getting short it is hard to get much of a ride in the evening. However, many of the Fall days are gorgeous for riding. Starting in October, we will be having Tuesday and Thursday rides leaving from Sooner Park at 2:00 pm. These rides will normally be about 2 hours or 25-30 miles. If the day is really nice, we might take a longer ride at 10 am. So if you have some time off contact one of the Fair Weather people to see what is going on: Dale, Bill, Bob, Jack or hopefully Walt. The afternoon rides will continue until daylight savings time returns.

However, if it's rainy or cold we'll be staying inside. 

Mountain Biking...

From the Mountain Biking "Director"...

By George Harris



Mountain biking participation has been dismal all year. Maybe with the cooler weather there will be more people come out. And, with cooler weather comes a return to Osage Hills.

My excuse for not riding more is work. I get sent to some location for long enough to get out of shape then I'm home just about long to get back in shape, for riding, before they send me to somewhere else. What's your excuse?

Wednesday Evening Mountain Bike Rides at 6 pm

The evenings are getting shorter and so are the Wednesday evening rides, just perfect for stretching your legs. Also these are the last Wednesday evening rides of the year with the last evening rides ending with the October 22 ride.

Oct 1 - Onion Prairie Hill Climb

You know the one. We will make an 11.5-mile loop out of going down the hill then back up it. The route can be stretched into 15 miles if you don't mind asphalt. Meet at Highway 123 and Onion Prairie Road (CR 2075, by the towers on top of 44 Hill).

Oct 8 – New Harmony

This is a 14- or 18- mile route covers the east side of Washington County just south of Highway 60. Meet in the triangle at the intersection of County Road 2400 (Moose Lodge Road) and County Road 4020 at 6:00pm.

Oct 15 – Short Moore Ranch

We will ride some of the normal Moore Ranch route backwards on this short 14-mile route. Longer options are available if everybody is feeling frisky. Meet at CR 405 and 200, 5 miles east of Bison on Highway 60.

Oct 22 – Wann

Let do a 10-12 mile circuit around Wann to say goodbye to Wednesday evening rides for the year. Meet at the Wan Post Office.

Sunday MTB Rides

Place varies (see ride descriptions) with start time at 2:00 pm except for the Sept 7th ride. There are some new rides that no one has ridden yet. Come out and see what you think of the new routes.

Oct 5 - Big Heart Loop

Meet in downtown Avant for a tour of the Big Heart Area. We will try for the BIG loop, that is if anybody can remember the route. This should give us some good miles (40 or so), and a chance to eat some dirt. They are paving more and more of these roads so lets stir up some dust while we can.

Oct 12 – Osage Hills State Park

Meet at Horse Stables. Let's get in and do some single track riding. The trails will need a little work after the summer so at least come out and help with the trail work.

Oct 19 - Eagle Rock

Meet at parking lot below the dam, Elk City State Park, KS. There are four miles of well-done trails looping through the sycamore and oak trees along the Elk River.

Oct 26 - Osage Hills State Park

Meet at Horse Stables for more single track riding. I had scratched out a new trail last winter, come ride it and see what you think.

Nov 2 – Tall Grass Prairie

We will ride in the wide open spaces of the preserve as a change from Osage Hills. Meet at the headquarters. 🚲



Pedaler Profile

Bob Pinnick

I started riding a bicycle while in graduate school. It was cheap transportation from my apartment to the chemistry building and back. The only problem was that it was down hill to the lab and uphill to the apartment. We all know how I love to climb hills. When I left graduate school, I gave up bicycling and my old Schwinn Continental (all 30+ pounds). I let it set in the garage for many years. I got involved in refereeing soccer and did not seem to have time to bicycle. Or was it lack of interest from all the uphill rides?

In the early 1990s, I had a groin pull that prevented me from refereeing soccer. I went to a local physician who had me in a corset with stays and said that I should only walk. I can empathize with women of the past who wore them, as I found the corset to be very, very uncomfortable. The groin pull became chronic and after five months, I visited a sports physician in Tulsa who said I could walk or bicycle and must do many stretching exercises.

Well, I took the old Schwinn to Black's Bike shop and had them overhaul it. After about a month of riding the Schwinn or was it a week, I needed (wanted) something lighter. I talked to Ken Black and he suggested a Trek 1100 with a bio-chain ring. Well I jumped in with both feet and legs attached and bought the 1100. After riding that for a while (about a year) and getting hooked on ridding, I upgraded to a Trek 2300 (3-tube carbon fiber) with Shimano components, which I thought would be my last bicycle. Then I got to ride Ross Snider's bicycle with Campagnolo and liked the equipment. Ken tells me that Trek is discontinuing the Trek 2500 (7-tube carbon fiber) and that I can get a frame set cheap. Well, I took the plunge and bought a Trek 2500 frame set and a Campagnolo Chorus component set. Many other bicycles (road and ATB) followed.

As I got in many miles, I tried racing and mountain biking. I enjoyed the many animal rides that we use to have. Not sure that I want them back, as I would be



dropped in the first mile. My son's Scoutmaster asked me if I would help with the bicycling merit badge program. That meant I would take the Scouts on the rides needed to complete the merit badge. Roseanne (in a car) and I (on a bicycle) took the Scouts on the required six 25-mile rides and the 50-mile. The boys got to see a lot of Washington, Nowata, Osage and Tulsa counties. Robby completed the bicycling merit badge. When I was asked to do the merit badge again, Robby went along for the fun of it. After that he started riding for Team Power Train in Tulsa. That was a blast.


I have enjoyed the times that Robby and I have ridden Oklahoma FreeWheel and the Death Ride in the Flint Hills of Kansas. He finished the Death Ride with only a few training rides and I didn't even finish – though I had many many training rides. Isn't youth wonderful? Now that I have retired, I am starting to ride again. 🚲

Report from the road

By Bill Estes

Joanne and I, along with Rod Harwood, recently completed the HHH 100 in Wichita Falls, TX. I was really proud of Joanne as she completed the entire 100 miles and was in before 5 pm the same day. The pictures show how much fun we were having but to be honest I must admit they were taken before the ride had started. We love this ride because it gives riders who are not so fast the opportunity to complete a 100 mile ride and never be by themselves.

The riders we meet are so much fun to visit with and we have many memories that we take home with

us. There is no other ride that can compare with this ride as it is so well supported and Wichita Falls is so bicycle friendly. For those who do not attend because of the expense of lodging I would suggest the Red River Camp ground in Burkburnett. They have a swimming pool and at that time of year the sun goes down early and the humidity is not as bad as this area. We really do not have trouble sleeping and \$10 a night sure beats \$100 a night for lodging. 



Letter to the Editor:

Hi yall, I first heard about the Bartlesville Pedalers when I was in what they now call middle school in the late 1970s. There was a guy who owned a bike shop in the Penn Hills plaza. Cyclers would hang out there. I was back in Bville last summer for the first time in 11 years, and it looked like his place was long gone. I can't remember the owner's name. Tall guy, black hair, big moustache. Does he still have his shop somewhere in town? - Mark Tyler