

Labor Day Ride & Ice Cream Social

By Bob Lummis

On Monday, September 6, we will have a special Labor Day club ride. We will leave from Johnstone Park at 8:00 and travel to Ramona via Gap Road, Matoka, Ochelata and on to Ramona by way of the big hill west of Ochelata. Our return trip will be by way of Oglesby. The round-trip mileage will be around 53 miles, and there will be shorter options if anyone doesn't want to do the whole ride.

Then at 3:00, we will have our annual Ice Cream Social at Shirley and Joel Martin's house. Bring your favorite ice cream or other desert and join us!

Time for Fall Trash PickUp

It is once again time to beautify our favorite hill. Come and join the labor of love.

On Tuesday, September 7th 6: 00 pm come to the Osage Hills School Parking Lot for assignments and send off. Be sure to bring along insect repellent, gloves, and a spirit of contributing to the community.

Expect surprises, hidden treasures, and general mischief.

For more information contact: Joyce Fogle, 336-7546 or studio@joycefogle.co m (new email)



With Fall coming, cooler temperatures are just around the corner – wait a minute... it's been great riding weather all Summer!

New Saturday Ride Times January – Ride time 1:00 pm if it is above 40°

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February – Ride time 1:00 pm if it is above 40° by noon.

March – Ride time 10:00 am; 1:00 pm if it is below 40° at 9:00 am.

April – Ride time 9:00 am.

May – Ride time 8:00 am.

June – Ride time 7:30 am.

July – Ride time 7:30 am.

August – Ride time 7:30 am.

September – Ride time 8:00 am.

October – Ride time 9:00 am.

November – Ride time 10:00 am; 1:00 pm if it is below 40° at 9:00 am.

December – Ride time 1:00 pm if it is above 40° by noon.

If the temperature is below 40 ° one hour before the final ride time, there will be no ride that day. The "official" thermometer for our purposes will be the temperature given on the Arvest Time and Temperature telephone recording. The number is 336-9400.



Does anyone have a guess as to what the weather will be like in September? We've had a lot of fall like weather in August, so my guess is we'll have summer in September. Although, we could have snow, after all this is Oklahoma. One thing that is predictable is that the days are getting shorter making for less time to ride on Tuesday and Thursday evenings. There are some dedicated Pedalers that ride in the morning, to beat the heat and have more time for riding. One method of communicating with these early birds is through the fair weather friends e-mail list. You can join the list through the Member's Page.

Fall is a great time for cycling with the many days of pleasant weather we can expect. Check the calendar and join the Pedalers for some of the Saturday rides. One especially nice ride will be the Dam J.A.M in Pryor, OK. Several Pedalers will be attending this "scenic" ride.

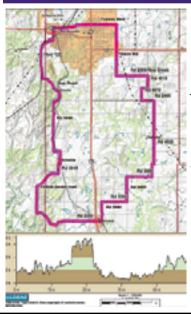
The September board meeting will be on the 20th, at 6:30 PM at the Madison Pizza Hut. All members

are welcome to attend and bring ideas for club activities. The nominating committee will be appointed at this meeting. If you are interested in serving on the nominating committee, let me know. Also, if you have a desire to hold an office, let me know or contact the nominating committee next month.

Now is the time to start recruiting new Pedalers. A new member joining in October gets the benefit of 15 months of membership. Also paid memberships could get their membership free from the drawing at the annual meeting, currently scheduled to be December 7. So recruit new members and mark your calendar for the annual meeting.

That's it for this month, hope to see you all on some of the remaining club rides and other club activities.

Dale Munn President



Visit our club website at : www.bartlesville pedalers.com for lots of info on area bicycling – including ride maps like the one pictured at left. This map shows the route for this weekend's Labor Day Ride.



OFFICERS/DIRECTORS

Dale Munn, President 333-5693 (hm) dmunn@swbell.net Joel Martin, Vice President/Treasurer Rod Harwood, Secretary, 335-7546 (hm) Bob Lummis, Road Biking Director George Harris, Mountain Biking Dir., 331-9080 (hm) Bob Pinnick, Director at Large, Joanne Estes, Director at Large, Joanne Estes, Director at Large, 333-6524 (hm) Vincent Hennigan, Editor, 338-0604 (hm)

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www.bartlesvillepedalers.com



By Bob Lummis

Has this been a great summer or what? This strange weather pattern has given us the best riding weather I can remember for summertime. Now that fall is just around the corner, we should have even more good weather and no weather excuses for not getting out to ride.

Speaking of Fall being just around the corner, our ride time for the Saturday rides is changing too. For the month of September, our Saturday rides will meet at 8:00 at Johnstone Park. (You can still come at 7:30 if you want to - you'll just have to wait a little longer

for most of the rest of us to show up.)

Some of the things we have going on in September are: a special Labor Day Ride on Labor Day, Monday, September 6. We will leave Johnstone Park at 8:00 for Ramona by way of Gap Road, Matoka and Ochelata, leaving by the back way. Then also on Monday the 6th, we will have our annual Ice Cream Social at 3:00 at the Martin's house. Also in September, there is the Dam Jam in Pryor on September 11 and the Oklahoma MS150 on September 18.

There is also the BRAT ride in Tennessee September 18-25 if anyone is interested in a really nice weeklong fall ride. Patsy & I will be going and we would love to see some more Pedalers on the ride. Call me if you want more information.

That's it for this month! Have a safe ride.

Bob

The Langerine TeePee Goes to Church

It's no secret about my enthusiasm for cycling and the Pedalers and FreeWheel, so when the Children's Minister at our church asked me to share with the grade schoolers about this year's FreeWheel, I loaded up the car and enjoyed the opportunity!

The old hymn, "The Way of the Cross Leads Home," came into my head and reminded me of the many "John Henry" marks on our FreeWheel roads that led us across Oklahoma. I set up the little orange tent in the choir suite where the kids come after their treats and songs in the chapel. Inside the tent, of course, were the essentials, sleeping bag, pillow, riding gear for the next FreeWheel day AND my bike!

I showed the boys and girls the daily maps we used, as well as the whole state map, what all was in my fanny pack, the little bike bag and all the zip-locks required to keep things safely dry during the week of adventures! One youngster asked, "Is that a REAL banana!"

Greg Moore, the Children's Minister was a good sport when we needed a volunteer to go inside the tent and we pretended to reenact the big storm that night in Thomas! All the boys and girls helped with the sounds and effects of the heavy winds! The tent pole came down to protect the tent and Greg (and my bike!) was safe inside, wrapped in the sleeping bag, sleep pad and pillow over his ears!

After church, I figured I was the last one to leave, since it took me awhile to gather up all that FreeWheel gear – but Paul and Beverly Woollett saw me rolling my bike out to the car and commented I must really have a holy bike! I encouraged Paul to bring HIS fine new Trek to church next time! The kids would really love it!



The Tangerine TeePee with the Holy Bike inside!

Pedaler Profile Rev. Sharon Watkins

In my family of origin, we once had six drivers in the household and one car. So we walked, took the bus – or rode bikes to get around.

My first serious bike was in college. On a semester in France, several classmates and I bought 10-speeds. We had a great time riding the roads of Provence, seeing Roman ruins, vineyards and the cowboys of the Camargue. For Spring Break, we did a combination train and bike ride to the scenic Loire River Valley with its amazing ancient chateaux.

Back home in Indianapolis, I rode for pleasure and exercise. The great accomplishments of that era were participation in the Tour of the Scioto River Valley (one hundred miles up on Saturday and back on Sunday) and the Hilly Hundred, a beautiful fall ride in the hills around Bloomington, IN (two fifty mile loops on truly unforgiving hills.)

In 1976, recently graduated from college, I rode with my dad and a friend from Portland, OR to Indianapolis. We followed the Bikecentennial route part of the way. Sometimes we camped, sometimes stayed in motels, sometimes bummed a night in church fellowship halls. The ride took six weeks at an average 85 miles a day. We discovered that what the bike shop owner in Jackson Hole told us is NOT true, "Once you hit Nebraska, it's down hill all the way." ABSOLUTELY not.

Since my daughter's birth, twenty years ago, my old bike has mostly just gathered dust – until a couple of



Sharon Watkins

years ago when my husband and I dug out our helmets and started riding again. For my 50th birthday, my parents and husband joined together to buy me a truly awesome Co-Motion from Oregon. Husband, Rick, and I have just taken our son, our youngest, off to college. We plan to make cycling a big part of our empty nest years. Credit card touring, here we come!

Starting this Saturday, September 4, our Saturday morning rides will leave Johnstone Park at 8:00 a.m.

Update

FreeWheeler Thomas Martin is back at home in Germany and sends his address in case any of you would like to stay in touch! I've sent him some of our training ride and FreeWheel photos. Postage is 80 cents for each ounce, according to the Post Office. Thomas Martin, Gornauer Str. 53, 09125 Chemnitz, Germany – His phone is 01149 371 5212092.



Help Wanted! Are you a capable, talented Pedaler? Then you may qualify!

By Joanne Estes

Help Wanted! Capable, Talented Pedalers! YOU may qualify!

1) The Pedalers are now taking applications for a capable Newsletter Editor to replace Vince Hennigan, our "ir-replaceable" journalism major, ace editor, for the past three award-winning years!

Vince is now working long hours at his new job in Tulsa, commuting from Bartlesville, and regrets he can no longer continue as our Editor after this September issue. We want to THANK him for sharing his superb talents with the Pedalers as long as he has!

Please let Vince or President Munn know if you would like to share your own skills to help produce this important privilege of Pedaler membership! THANK YOU, Vince, for a job so well done!

2) President Dale Munn, with his honorable military background, will soon be recruiting a few able-bodied Pedalers to help on the upcoming nominating committee. Be ready to say a big "YES" when he gives you the call! This a privilege and an honor to be able to serve! Your Bartlesville Pedalers Club needs Y-O-U!

3) "After a most memorable and fun 2004 Oklahoma FreeWheel "Out West!" - (some say their FAVORITE FreeWheel ever!) Joanne Estes is stepping down from the Rest Stop Coordinating Volunteeringship, "Just as she was starting to get the hang of it!" Hubby Bill says she needs to do more riding and not so much talking on the phone, so she can keep up with HIM on the roads next year!

Seriously, this is a very fun job that gives one a close-up, sneak preview into the routes, the personalities, townsfolks, as one helps plan the necessary support along the way to make FreeWheel a real delight for those cycling travelers a favorite week of the year!

Joanne volunteered to help three years ago when Libby needed more assistance to be able to manage the many facets of planning this pretty awesome event. Libby promised that the Rest Stop Coordinating is the one job that could be done ahead of FreeWheel Week, so that this particular volunteer could still participate in the ride during the week! That was pretty appealing!

Volunteering in ANY way one can, is a great way to help assure that our favorite bicycling events may be ongoing and that we may continue to enjoy good health and stay motivated for one of our very favorite past times! How ELSE can we keep up with our grandkids, right!

Bob Lummis took the picture about three weeks ago in Branson, MO during an exhibition by Sports Illustrated magazine at Silver Dollar City. (The guy didn't crash, he turned the bike around after I took the picture, landed it, rode to the other side of the ramp and then repeated the feat.) Photo by Bob Lummis

