



BARTLESVILLE
PEDALERS

Gazette

JULY 2003 • THE NEWSLETTER OF THE PEDALERS BICYCLE CLUB, BARTLESVILLE, OK.



Bartlesville Pedaler Brad Cobb in training at the Colorado Springs track.

Brad Cobb Wins 2003 National Paralympic Track Championship

Bartlesville bicyclist Brad Cobb became the 2003 National Track Champion in the Paralympic LC3 category (one leg above the knee amputee) over the weekend of June 13-15. Riding at the 7-11 Velodrome in Colorado Springs, CO, Brad won both the 3 km pursuit (time of 4m21.3s, at 41.3 km/hr) and 1 km time trial (time of 1m21.7s, at 44.0 km/hr) events, as well as placing #2 in the team sprint time trial (time of 1m22.8s, at 43.5 km/hr) along with teammates Allison Jones and Al Michini.

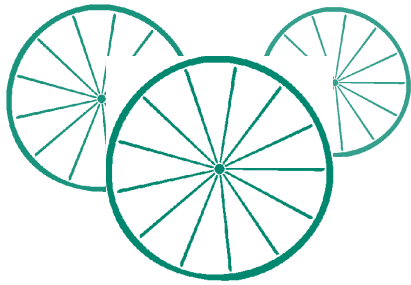
In addition to the Championship, these results qualify Brad for the 2003 Pan American games

in Brooklyn, New York in August, the European Cycling Championships in Prague, Czech Republic in September, and propel him toward the International Paralympic Games of 2004 in Athens. 🚴

Firecracker Century and Ice Cream Social on July 4, 2003

The annual 100 mile ride went south to Tulsa and back, with rest stop in Vera going down and coming back. The turnaround rest stop will be at Mohawk

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Annual "Credit Card" Campout July 19-20, 2003

Our annual "Credit Card Campout" is set to leave for Independence, Kansas leaving from Johnstone Park at 6:30 am July 19 and returning to Bartlesville on July 20.

What is a Credit Card Campout? It means that the only camping equipment allowed is a credit card for lodging - no tent, sleeping bag, backpack, flashlight, towel, etc. A little cash for food and entertainment is also acceptable.

The campground is the AppleTree Inn in downtown Independence. A block of 10 non-smoking rooms have been reserved for the Pedalers for Saturday night. You must make your own reservations by calling 620-331-5500 and mentioning you're with the Bartlesville Pedalers.


"But what about my stuff?" you say. Pack up whatever few things you might need - a change of clothes, toilet articles, whatever - and deliver them to my house (1356 SE Dewey Ave) by Friday evening the 18th. They will be waiting for you when you ride into Independence on Saturday.

We will leave from Johnstone Park at 6:30AM to make the 65-mile trek, with a longer option of 80

miles for the hardy. Once in Independence we'll relax with lunch, swimming or hot tub at the motel, an afternoon movie, napping, watching the Tour de France on TV, and generally being lazy. Dinner will be at the Woods Restaurant for those who wish to sup together, followed, perhaps, by some ice cream or other treat. Then early to bed for an early return departure Sunday morning.

The route back is much more direct, about 50 miles, which we hope to complete before the usual south wind gets too strong.

Please note: it is entirely acceptable to ride one or no legs of the trip and still join the campout. If you ride one way, you must make your own transportation arrangements. Non-riding spouses, family, or friends are welcome to drive up and join us. Hope to see all you Pedalers in Independence.

For further information or arrangements, call ride leader Rod Harwood, 336-7546. 

Welcome New Members

Welcome Nickie & Bob Hall-Hensley to the Bartlesville Pedalers.

Also, Jack has a new phone number and address.

You can download an updated membership list from www.bartlesvillepedalers.com/Members/pdf/

*Note: The President's Monthly Article will be printed next month (they've been B*U*S*Y).*



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Mountain Biking...

From the Mountain Biking "Director"...

By George Harris



I'm back in the saddle again. And the first thing that I want to do is to thank Bob for his time and effort towards keeping the mountain bikes rolling while I was out. In case any of you didn't hear and are wondering, I was on a small diver support vessel in the middle of Cook Inlet, Alaska, working on the underwater part of a ConocoPhillips platform. I was there as the on-site supervisor, or the escape goat if anything went wrong. Everything went reasonable well so all I did was eat, sleep and get fat. Now all I have to do is ride to loose weight so that I can ride, (sounds like a Catch 22 to me.)

I understand that the mountain biking turnout has been down. We have been trying this year to tailor the dirt rides to what people like or want, but so far we have had very few people tell us what they want. We are planning a couple of different rides this summer. Bob mentioned one of them last month, a dirt metric century, done June 29. Several new or different routes are scheduled for this month. Look at the July 30th route. Another new ride is a dirt moonlight madness ride that is set for Aug 10. For July, and maybe August we will slow the pace down of the Wednesday evening rides. (Right now I'm too fat to go fast.) Please let me know if you have any ideas of new routes or different mountain bike rides that might be fun. I'm open to any suggestions on how to get people out riding some of the best scenery around.

See you on the Trail!



George

Wednesday Evening 6 pm

Knobby-Tire Rides

Well, we have FreeWheel behind us for another year and mountain bikes everywhere are feeling

VERY "left-out". Our Wednesday evening knobby-tire rides are similar to the Tuesday-Thursday road rides, only these are for mountain bikes on local dirt roads. We meet at 6:00 pm at various locations for a 15-30 mile ride on dirt roads. As mentioned above, we will keep the pace easy on these rides so it would be an excellent time to try out mountain biking. Check with George Harris, 331-9080, for directions or to see who's riding this week. Meeting locations and descriptions of the ride follow.

July 2 - The Wann America Knobby-Tire Loop

This is a pleasant 20-mile loop around Wann that begins and ends at the post-office. There are a couple of hills towards the start then the ride is pretty level, and then one big hill at the end. There are several ways to shorten this route if desired. Visit Six Flagpoles over Wann America while you are there! Meet in the parking lot of the Wann post-office on Highway 10.

July 9 – Mullendore Ranch Route

An approximate 20 mile route, from Copan Lake Dam to Mullendore Ranch and back. This is a pretty easy route and there is a shorter option available. Meet at the parking area below the spillway at Copan Dam.

July 16 – Onion Prairie Road

Meet at Highway 123 and Onion Prairie Road (CR 2075, by the towers on top of 44 Hill). This ride has a GREAT downhill and a scenic ride to Ochelata. Of course for ever downhill there has to be an uphill.

July 23 - Sort-of Paseo de Nowata

This is a fairly new route that we haven't ridden much. It starts out like a regular Paseo de Nowata ride, but takes a wrong turn to the north. Total length is about 16 miles. (It is the first loop to the north if you look at the Paseo de Nowata map on the website. Meet at County Road 2400 (Moose Lodge Road) and County Road 4020.

July 30 – Another Moore Ranch Route

This is a new 20-22 mile Moore Ranch route. It goes a little farther east than the regular Moore Ranch route before turning north. The 22-mile

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Pedaler Profile

Bob Lummis

Most of my “kid” years were spent growing up on a farm near Springfield, Missouri. I got my first bike for my eighth birthday. It was a real beauty! It was a red Monarch cruiser with full fenders, a wire basket on the handlebars, a luggage rack, a fake gas tank (with battery operated horn inside), a headlight, a tail-light and streamers from the handlebars. It must have weighed around 80 pounds by the time I filled all the battery holders.



The frame of the bike was too big for me, I learned to ride it standing up since I was unable to reach the pedals if I sat on the seat. It was quite a bit later before I was able to ride normally. I still managed to burn up those gravel roads for several miles around the farm though.

When we moved to Kansas City in my pre-teen years, my Monarch was stolen from our porch, and this led to a succession of other bicycles. My most memorable was an “English Racing Bike”. It really was a touring bike with upright handlebars and a three-speed rear hub; I guess they sold better if you called them a racing bike.

The reason this bike was so memorable was because something was always broken or about to break on it. It also had a nasty habit of the brakes grabbing. This was especially problematic if the front brake grabbed and the rear one didn't. The rear brake disintegrated on me one day coming down a long hill in Kansas City. There was a busy cross-street at the bottom of the hill, and I didn't dare use the front brake. I wound up going through some guy's hedge to get stopped. The bike finally quit for good a while later and I went back to cruisers.

I bought my first adult bike in the early 1970's when I lived in Texas. It was a Schwinn touring bike that reflected upon my “vast” cycling knowledge from when I was a kid. This bike had a 5-speed derailleur on the rear with a fixed chain-ring on the front, upright handlebars and full fenders.

My oldest daughter and I put a lot of fun miles on that bike riding all over the North Dallas area with her in a child's seat on the back. We used to collect aluminum cans and pop bottles (remember pop bottle refunds?) when we would go on these rides. We put over \$100 in her savings account one summer from that.

I rode the old Schwinn until my two youngest kids got mountain bikes. Since they wanted to go places I couldn't go with the Schwinn, I got a mountain bike too. My first exposure to mountain biking was riding some of the trails the kids have alongside the Pathfinder in Bartlesville.

In the mid-1990's after recovering from heart surgery, I gradually became more serious about bicycling. In 1996, I purchased my first road bike and joined the Bartlesville Pedalers. Since joining the Pedalers, I became more interested in both mountain biking and in road biking. Through the mountain bikers of the club, I discovered the joys of singletrack at Osage Hills State Park and other trails; I also rediscovered how much fun it can be out riding rural areas on gravel roads. From the road bikers, I found out how much fun it is to go touring on a bicycle.

When Michael Smith (President of the Pedalers at the time) moved to Houston, Janis Blanton moved up from Treasurer/Vice-President to President, leaving a vacancy for the Treasurer/Vice-President position.
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Sending a message...

Story by Mark Beckwith

Pedalers, I hung a bike off one of my towers in your honor for Freewheel. A photo of it wound up being posted by a woman from California of all things, and it wound up getting spotted by the guys who read the ham radio tower e-mail group and they joked about it. The photo didn't identify who the station owner was so I got quite a great laugh leading them all on.

Ultimately here's what I sent them...

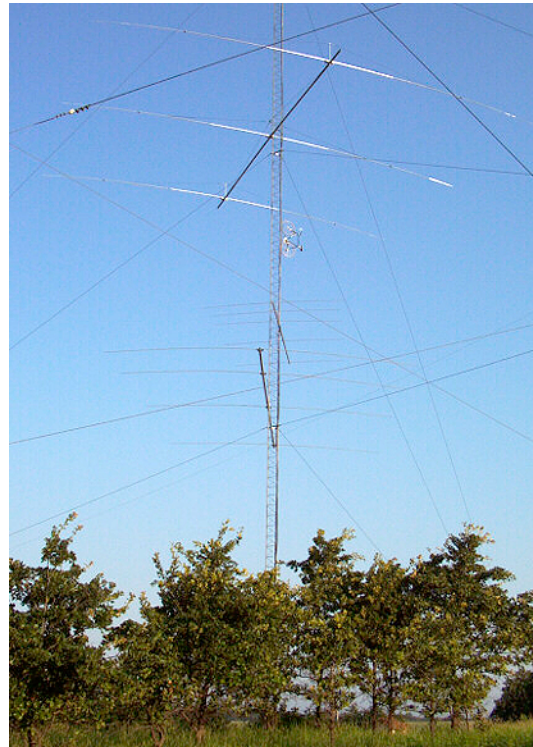
I am honored that a photo of my gag got on the web without my knowledge. How in the world did you come across it, Terry?

Here's the story. I am an old bike racer. Oklahoma has an annual event called the "Freewheel" where hundreds of cyclists ride about 700 miles from border to border across the state. I was going to have done it this year, but my plans changed. The route was scheduled to go right by N5OT.

Naturally I felt inclined to show all my friends I was thinking of them, even though I wasn't out riding with them.

I bolted the bike on at about 7 am, and the riders started coming by at about 7:45am. I was tickled to see more than one stop to take a photo.

Little did I imagine my little prank would make the WWW - at the hands of someone else. I was



Well, what can you say? You don't see something like this everyday...

going to click a few photos before I take it down - and probably would have posted them myself - probably still will, but what a total surprise!

The bike is the first nice bike I ever had - it was given to me in about 1984 by my lifetime pal David, N6AN (AA6RX). I have gotten other bikes since, so I figured it was a fitting retirement for Dave's bike on my tower for the Freewheelers. 🚲

:) Mark, N5OT



It's a car, no, it's a bike?

Here's a photo of what Mark and Kathy Beckwith drove to Tennessee last month to test ride, er, drive. He was going to attempt to build one because he likes his geometry better than their geometry. Kathy promises if I build one, Mark will get her out pedaling.

For more info on the bike, see the web site for the pedal car at www.rhoadescar.com

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tion. Well, you guessed it, with much trepidation, I took the position for the few months remaining of Janis' term. I was then elected to the position for 1997 and then (you guessed it) became President for two years starting in 1998. Let me say that I had a lot of reservations about taking either of these positions, but found them both to be very satisfying from a personal standpoint. I encourage anyone who hasn't held a club office to seek an office in the club. It requires some time, sure, but you get so much more from the club experience by doing so.

I rode my first FreeWheel in 1997 and loved it. I've ridden every FreeWheel since then and also have ridden Bike Across Kansas in 1999, Bicycle Ride Across Tennessee in 1999 and in 2000, Cycle the Divide (Colorado) in 2001, TRIRI SE (Indiana)

in 2001, DALMAC (Michigan) in 2002, and the KATY Trail Ride (Missouri) in 2002. All of these rides have been fun, but FreeWheel is still my favorite!

This year, I did FreeWheel again and have also signed up for a commercial 3-day bicycle tour starting and ending in San Luis Obispo, California in September. Unless I find another ride that needs to be ridden in the meantime, I guess that will be all of my multi-day touring this year.

I wish that I knew what the future held for me. If the Good Lord is willing, I plan to continue my cycling for a long time yet. The cyclist I look up to the most isn't Lance Armstrong, it is Clarence Lanning. I want to be like Clarence and NEED a new bike when I am in my 80's. (And then go buy it and ride it.) Thanks for the inspiration Clarence! 🚲



Oklahoma FreeWheel 2003 Riders!

Club members riding in OK Freewheel met for pre-ride meeting and photo. Here they are, Standing back row (L-R): Paul Woollett, Ray Stabl, Clay Thurman, Bill Estes, Dale Munn, Brian Schultes, Bob Lummis, Dan Schultes (Brian's dad), Jack Tatum, and Malcolm Joyce.

Kneeling row (L-R): Don Prabl (he has ridden FreeWheel often with his sons, Robert, Louis, and RANDY the one who's written & recorded "FreeWheeling Oklahoma!" He planned to sing at the opening ceremony, in Dewey, and at the closing, next is Dawn Thurman, Rod Harwood, Joanne Estes and Barbara Joyce.

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Park in north Tulsa, where snacks and drinks (and motor transportation back to Bartlesville for those who don't want to ride the full 100 miles) will be waiting, courtesy of Susie Harris.

After our return, the Estes' hosted the riders for homemade ice cream. This is not a meal, just a chance for an afternoon relax to share goodies

and bike stories.

The ride is not intended to be an endurance contest. Riders are encouraged to ride as much or little of the route as they like. And riding is NOT a requirement for the ice cream social. Ride leader was Rod Harwood. Temperatures for the day were expected to reach towards 100 degrees!

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version has a long easy climb that terminates in a mile-long downhill. Meet at the junction of Nowata County Roads 4050 & 0200. (Go straight on the gravel road at the first big curve on Highway 60 after crossing Hogshooter Creek.)

August 6 – Wann Exploring

I'm setting at my computer trying to figure out new and interesting rides and can't come up with anything. So I pop open my Topo program and start looking around for something interesting, and how is this for a profile.

(Each color change is 50 feet.) The route is 19-21 miles in length and goes north of Wann. Meet in the parking lot of the Wann post-office on Highway 10.

Cross-Country Rides & Knobby Tire Ride

Normally these rides tend to be a little longer than the Wednesday rides but definitely within the capabilities of the average Bartlesville Pedaler. See descriptions below for the meeting location. All Sunday rides start at 2:00 pm, except the Moonlight Madness ride on August 9 or 10.

July 6 – No Mountain bike Ride

No Sunday mountain bike ride is scheduled for the Fourth of July weekend.

July 13 - Ride to Nowata

This ride is like the Paseo de Nowata except that it is an out and back all the way to the Nowata C-store. The ride is a little over 30 miles, but there is 6 miles of pavement, and a C store, at the mid point. Meet at the junction of County Roads 4020 and 2400 (Moose Lodge Road.)

July 20 - Tall Grass Prairie Ride

Meet at Tall Grass headquarters then decide if we are going north or south. Another option would be and out and back to Foraker. Bring plenty of water, its likely to be hot.

July 27 - Onion Prairie South

This will be like our standard Onion Prairie route except in reverse. We'll stay to the south and loop west toward Barnsdall, then back north to our starting point. That means that there is a BIG

hill to climb. Meet at Hwy. 123 & Onion Prairie Rd. (CR 2075).

Aug 3 - Big Heart Loop

We will try for the BIG loop. This should give us some good miles (40 or so), and a chance to eat some dirt, although some of the route has been paved recently. Meet in downtown Avant for a tour of the Big Heart Area.

Aug 10 – Moonlight Madness **Start time 8:30 pm**

The days are hot and a full moon rises at 7:50 pm so let's have a mountain bike moonlight madness ride. Will do the Paseo de Nowata route and ride into a rising moon. There is also a possibility of some shooting starts as there is an annual meteor shower around that date. The starting time will be 8:30, just before sundown, and we should be finished around 10:00 pm.

Hiller Than Hell 80 set for October

DVIS, Domestic Violence Intervention Services, in Tulsa, along with Team Crude Bicycle Club, are having the "Hiller Than Hell 80" on October 4, 2003.

Anyone who is interested could also email me for info. We had a very successful ride last year, and want to make it bigger and better in 2003.

For more info, contact; Nancy Moore, Director of Development & Community Relations, 4300 S. Harvard, Suite 100, Tulsa, OK 74135. Telephone 918-585-3170 (ext. 20) or fax 918-584-1835. E-mail

Chill Out!

I came across this photo on the website gallery. At this time of year, even the thought of something cold is appreciated. See you on the road...

