



Bartlesville Pedalers Gazette



June, 2005

The Newsletter of the Pedalers Bicycle Club, Bartlesville, Ok



FreeWheel Countdown June 7

COME TO THE 2005 FREEWHEEL COUNT DOWN, June 7th, Tuesday night, 6-8:00 pm. at the Library. Gather with your future fellow campers and the "road warriors" you've bonded with, from all your training rides and receive valuable last minute information to make your week on FreeWheel most cool!

Randall Clayborn, owner of Adventure Bicycle Center here in Bartlesville, will show you the pro's way to properly "Fix a Flat Fast,"

plus "Box Your Bike" for those enjoying the bus ride to and from the start.

Bob Lummis, our own FreeWheel Packing genius, (soon to be rural Springfield, Missouri transplant!) will be in town to share his tips for an enjoyable week of touring with your bike across Oklahoma. He knows what to take and how to pack it! Don't miss these brief, but very important sessions!

Sign up to help with the Bartlesville Pedalers' "Baggage Loading Supervising" day, which will be Monday in Antlers. Ross Snider is kindly coordinating our shifts.

Enjoy FreeWheel style-refreshments, receive a special gift from the Pedalers, and join in for the official group photo.

Credit Card Campout

What is a Credit Card Campout, you might ask? A Credit Card Campout is where you leave your tent at home and use your credit card to rent an air-conditioned hotel room. This is the perfect way to camp on a hot July day.

The Pedalers Annual Credit Card Campout will be held July 23 and July 24 this year. We will depart Johnstone Park at 6:30 a.m. for Independence Saturday, July 23. Why do we go to independence? 1. The distance is reasonable with 45, 65 and longer options for the route there. We return a shorter, 45 mile, route. 2. The roads are not too busy. 3. There are things available without the need of a car, such as a

good restaurant, movie theatre, shops, and other eating establishments in walking distance

The Apple Tree Inn in downtown Independence is holding a block of 10 single rooms especially for the Pedalers. The room rate has increased to \$81.00 plus tax for a single. There isn't another option that is so close to everything. As you know the Apple Tree has a pool and breakfast bar and is right in the heart of town.

The Apple Tree can be reached at 620-331-5500. Be sure and tell them you are with the Bartlesville Pedalers.

Let Joel or Dale know of your plans and if you have any thoughts on this event.

June-August SATURDAY RIDE TIME – 7:30 A.M.
Evening Training Rides:
Tuesday's at 6 pm from Johnstone Park
Thursday's at 6 pm from Sooner Park

Spinning Wheels

By Dale Munn



May has been another great cycling month. We have had great attendance on the FreeWheel training rides. Also, there was great weather for the Saturday ride to Pawhuska and the ride to Nowata. Bill and Joanne marked the route to Pawhuska and the town arranged for a sign that said "Welcome Bikers." If they are bikers, what are we? Anyway everyone had a good time on both rides. The hills on the way to Pawhuska were great for FreeWheel training and who needs pancakes anyway?

June will be a busy month as many will be participating in FreeWheel. Be sure to make it to the 6 pm FreeWheel count down meeting on June 7th at the library. Hope to see many of you during the month at FreeWheel. Also, don't forget that you can continue to ride with many of the Pedalers after FreeWheel. There will be many fun rides and activities during the summer.

We still do not have a newsletter editor and it is hard for the substitute to get motivated. So, if you would like to volunteer for the rewarding job of Newsletter editor, you will be much appreciated.

Remember to take your digital camera with you on FreeWheel. We have a place on the web page where you can share your photos with other cyclists.

As always, check the calendar and the important event list on the web page for updates and events. That's it for this month, see you on the rode.

FireCracker Century

Pedalers' July 4th FireCracker Century & "Cool-Down Ice Cream Social!"

All of you Pedalers keep the 4th of July open as we will be leaving Johnstone Park at 6:30 AM for our annual century ride to Tulsa. The ride is normally sag-supported and there are numerous turn-arounds for those not wishing to do the entire route.

There will be an ice cream social at the Estes' home starting at 4:00 so everyone will be asked to bring their favorite dessert or ice cream to 2810 SE Redhawe Court. Hope to have a great turn out.



Brad, Jack, Jo, Dale, Mark, Joel, Bill, Ryan & Rod , July 4th, 2003 at Johnstone Park



Shirley, Ross, Bob P, and John on the highway near Vera, July 5th, 2004

Wynona Ramble 2005

Date: June 4, 2005

Time: 7:30am

Place: Entrance to Johnstone Park

Distance: Approximately 67 miles

It's back again!!! The Bartlesville Pedalers FreeWheel Graduation Ride, aka, The Wynona Ramble. This is an excellent chance to see if all that FreeWheel training has paid off. This ride has it all. Smooth highway shoulders, little travelled backroads, cattle guards, hills, fantastic views, small towns, and best of all, places to eat. This ride used to be a yearly staple of The Pedalers Bike club and a favorite of all. We'll leave Johnstone park and travel west on Lupa to Virginia, south on Virginia to 14th street, and out south on highway 123. At Barnsdal, we can stop at the C-store and get some fluids and snacks and then take a beautiful little backroad to Wynona. There will be some hills, but the view makes the climb worth it. We'll cross a few cattle guards (watch out for those cows) and a low water bridge on our back road trek, ending up on the south side of Wynona. They have a very nice little C-store there and rumor has it that a new café has opened. I'll scope it out the day before. If it's true, we'll lunch there. If not, the C-store in Barnsdall makes a mean cheese burger along with other fast food type items. Eating and riding is a must on FreeWheel, so it is on the Ramble as well. After that, we'll re-trace our path back to the park, with the exception that we'll go down the new 44 hill via highway 123 where as going out, we'll take the old highway up the hill via the gap road turn off. As in the past, the route will be marked in various shades of fluorescent paint, including turns, food, and road hazards (provided it's not raining on Friday evening.) If it's raining, calling for a 40% or greater chance of rain, or it's 40°F outside, blow off the ride. Also, if the low water bridge is impassible, we'll turn around there and make it a 56 mile ride. Otherwise, prepare for a most enjoyable "ramble" through the beautiful Osage hills.

Bring some sunscreen, water, snacks and money for food. If you really want to make it feel like FreeWheel, set up your tent when you get home, take a cold shower, ride to the nearest eating establishment, go home and spend the night in your tent. It doesn't get any closer to the real thing than that. See you Saturday.

Tim Harper

P.S. I realize that this ride conflicts with both the Bartlesville Criterium and Tour Du Tulsa. Many have requested that the ride be changed to a new day. As I feel a strong need to stick with tradition, the ride will be held as listed. Tulsa didn't change their ride, so I see no reason for us to do so. As an option, I will be offering a re-run sometime after FreeWheel so that those who missed out on the first go around can still experience the ride. Good training for the credit card ride as well as DAM Jam and the MS 150. Hope this doesn't offend anyone, but the ride must go on and tradition must be upheld. Hope to see you there....unless it's raining.

Board Meeting

May 2005, Pedalers' Board Meeting, Well-Attended

On Monday evening, May 23, at 5:30 at the Madison Pizza Hut, Pedalers' board members and spouses enjoyed the bicycle-rider specials, (spiced with thrilling reports from those who rode the "Pancakes in Pawhuska," Saturday before!!) Dale and Judy Munn, Joel and Shirley Martin, Jim and Donna Black, Bill & Joanne Estes, and Rod Harwood attended.

President Dale opened meeting by thanking Joel for taking Road Bike Director interim-ship! The Newsletter Editor post is still open. Thankfully, Dale is extending his time and skills to assimilate the various submitted monthly features into a very attractive, quite readable, and yes, we think "AWARD-Winnable!" - "Bartlesville Pedalers Newsletter!" Thank you again and again, Dale! The deadline for June articles is Wednesday, the 25th.

Bill Estes is continuing to collect donations to sponsor a young rider with On the Rock Ministries, shooting for a June 1st deadline. A big THANKS goes to many of YOU for the generous checks received so far!

Randall and helpers are beginning after-school training for the "Little One Hundred" in the fall.

He is also conducting a kids race with free helmets and bike check-ups downtown, June 4th in conjunction with the State Championship event.

Tim Harper and Katie will be leading the annual Wynonna Ramble, starting early Saturday morning, June 4th.

Rod circulated the flyers for the State Cham-

pionship Crit & Races, June 4-5, in downtown Bartlesville, & Ochelata and Washington-Osage Counties. Many volunteers are needed for various assignments, from packet-stuffing to registration, corner-marshalling, etc. Rod is writing an article for the "Examiner-Enterprise" as well as a note for the Pedalers Newsletter.

Joel circulated ride calendars for June and July, and acquired willing, capable ride leaders! Saturday morning starting times for July will be 7:30. FreeWheel Training Rides have had good attendance and the Pedalers welcome many new members! Tuesday-Thursday 6 o'clock rides will continue after FreeWheel into September.

The Pedalers will host the annual "Freewheel Countdown" 6:00 - 8:00 p.m. at the Library, June 7th, the last Tuesday before FreeWheel. Bob Lumis will encore his expert packing for FreeWheel techniques and Randall will brush up "Flat-Fixing" and "Boxing Your Bike for the Bus" skills!

Jim Black announced a new starting time of 7:30 a.m. for the Monday-Wednesday-Friday "Early Bird Rides," beginning at Sooner Park.

Bill Estes offered to host the "Firecracker Century," July 4th, which falls on Monday this year. Participants may bring ice cream and goodies over to the Estes to share after the annual group ride to Mohawk Park in Tulsa & back. The ride will start extra early and the eats around 4:00.

Shirley will check on July weekend dates for the Independence "Credit Card Campout Ride."

A unanimous "aye" signaled the end of the discussions! Next meeting will be June 20, same time, same place.

Leisure Ride

Many who have been coming to the Tues/Thurs evening rides have noticed an obvious fact: we have many different paces and tend to ride in small groups where the pace is attainable and not too strenuous for our abilities. In terms of average speed, the three main groups are less than 12 mph, 12-15 mph and greater than 15 mph.

Many who are just starting to ride fall

into the less than 12 mph or leisure group. What we would like to do is find a time to schedule a Leisure Ride where those that want to ride at that pace will be able to ride with others riding about the same pace. The time and place could be the same as a normal club ride, but the route and ride leader would be different.

Let me know your views on this subject. If you are interested in being part of a Leisure Ride, let me know what days and times would work best for you.

Dale Munn, 333-5693 or dmunn@swbell.net

FreeWheel Corner

As you are reading this, many excited, well-prepared cyclists are making their way to Paris, Texas for the beginning of Oklahoma FreeWheel 2005. It's exciting to see and encourage first-timers each year. It hasn't been all that long since Bill & I experienced our very first FreeWheel in 1989, the year commemorating the Oklahoma Land Run, one hundred years prior! Bill's great grandparents were in that part of history and we took up the FreeWheel challenge, joined the Pedalers, trained best we could, and eagerly looked forward to pedaling and exploring the same terrain our forefathers had settled!

You can see from the photo below, that our little red Sears pup tent may have been nicely compact for our army duffle bags, and it did shelter us during that first stormy night in Ponca City, the starting town that year! The "compacting ourselves" to avoid the chilly rainwaters seeping into the inside edges of our floor during that night; as well as our first experience of donning those stretchy riding shorts

Bill Estes sets up for 1st FreeWheel in Ponca City, 1989



in such cozy quarters the following morning, was equally unforgettable!!

The renewing of old FreeWheel friendships over the years is also worth the training and arduous preparations for the annual cross state trek. This year we look forward to Moni Neville returning to FreeWheel after her trans-country ride last summer. Her chalk smiley faces cheering us along as the grade gets steeper, and the "Crazy Day" contest to lighten everyone's spirits on Tuesday, are her contri-

butions!

The talented still photographer, David Kincannon from Stillwater, will also be squeezing FreeWheel into his vacation time this year! I'm equally excited that our faithful video man, Ken Campbell, after serious "mechanical difficulties" in producing the 2004 video, has patiently re-produced (after losing his first masterpiece with a fatal computer crash last year) our long awaited account of the 2004 ride from Duncan to Anthony, KS, via beautiful Western Oklahoma! He, too, will be back to record the 2005 breathtakingly beautiful ride!

Bus transportation this year promises to be quite cush!

Come to our "2005 FreeWheel Count Down" at the Library, 6:00 – 8:00 p.m., June 7th, the last Tuesday night before FreeWheel and be ready to be congratulated for all your disciplined preparations for this worthwhile week of the year! Special last minute tips await, special gifts, a serious group photo for posterity! You done good! See you there! The fun is about to continue! I Count-Down!



Bill, the young, happy camper complete with new bike shorts, FreeWheel 1989

Pedaler Profile

Editor's note: This month our mysterious "Pedaler Profiler" asked if he/(or she!) – could send in his or her feature for the JULY issue. We WILL keep you guessing who it is – a hint: last year (2004) was his or her first FreeWheel! Stay tuned! And thank you for your patience! It's going to be worth waiting for!

Bartlesville



We're on the WEB!

www.bartlesvillepedalers.com

OFFICERS/DIRECTORS

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(Open), Editor

BARTLESVILLE PEDALERS BICYCLE CLUB

P.O. Box 793, Bartlesville, Oklahoma 74005

Pedalers Membership

Membership dues are \$16 per household for the calendar year. Anyone joining during the last quarter of the year is paid through the next year.

Among the super reasons for joining the Bartlesville Pedalers are:

- Access to the members area of the web page;
- The super newsletter you are reading;
- Many club activities;
- Comradery with many area cyclists;
- Part of a collective voice for cycling in Bartlesville;
- Discount at Bartlesville Adventure Bicycle Center.