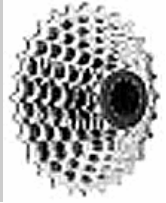




# Bartlesville Pedalers Gazette



May, 2006

The Newsletter of the Pedalers Bicycle Club, Bartlesville, Ok

## A Funny Thing Happened

By Bruce Sturges



On Good Friday, April 14<sup>th</sup>, Cindy and I accompanied Bill and Jo to Muskogee to ride the Flower Power. We had a most enjoyable trip with good accommodations at the Travel Lodge. Dinner that night was Red Lobster and the food was really yummie to say the least. After getting our tummies full we headed for Honor Heights Park to tour the flowers and just relax after a hard and windy drive over. (Note: the week before the festival the flowers started blooming too early, due to the warm weather, so the park people had to pack the flowers in ice to slow the bloom down, interesting.) Anyway back to the story. Jo needed to run to the big K (kmart) so we shopped for awhile. Finally, we headed to the hotel for a good ole' shower and some TV. Cindy and I decided we needed ice cream so we went for a spin and some cream, very good. We then all settled down for the evening.

Now the funny thing: Pulling up to the toll booth on the way over, I could see Bill digging for what appeared to be change for the booth, Bill threw his money in the catcher and sat there. Cindy and I are wondering why he isn't going. 2 more times Bill reached down to grab more

money for the catcher. What was going on? Then, Bill tried to get the attendants attention, she was a bit on the rude side I think, and told Bill just throw in some money, which Bill had done 3 times now. Finally, Bill flew the toll gate; the RED light went off with a loud buzz!!! Cindy and I are wondering what is going on, as Bill drives out of sight. Pulling up to the catcher, I throw my money in and the red light stays on. Now what? I started digging for more money to throw in (shades of Bill creep into my mind); finally the red light goes off and green is on so we go. About a mile up the road we see Bill and Jo on the side of the road so we stop. Bill is some what upset to say the least. But we did figure out the problem! The sign for the toll read \$1.25, it actually cost us \$1.45 and I think Bill threw in more. So when you see TOLL GATE BILL on his bike give him a pat on the back and tell him it will be okay!

Flower Power was really a fun ride with lots of rolling hills, scenery, and WIND. The Pedalers made a nice showing at the event with Jack and Raymond finishing the 100 miler. The rest of us traveled about 70 miles. If I heard right that was Raymond's first 100 miler. CONGRATS to him and the rest of the BARTLESVILLE PEDALERS for a job well done!

## Ribbon Cutting

The Bartlesville Pedalers have joined the Bartlesville Chamber of Commerce. As part of joining the chamber, there will be a ribbon cutting ceremony and group picture.

We will take the picture on May 9th at 10:00am at the chamber building. We will have ribbon cutting and meet with ambassadors of the chamber. We hope many of you can adjust your schedule and be there for this very important event.

## Report from the Road Director *By Kevin Doggett*

The Freewheel Training Rides have been going great. I have counted more than 20 riders at several of the rides. We are now up to 20 miles on Tu/Th rides and 50+ miles on Saturday rides. The start of the Saturday morning rides will change to 8 am in May and 7:30 am in June. For those of you interested, we have added Sunday afternoon rides starting at 5 pm from Johnstone Park; those present will determine the route.

The Flower Power ride was April 15 in Muskogee. I believe there were 20 or so Pedalers and friends at the ride. Those that I remember seeing include Keith, Bill and Joanne, Raymond, Dale, Walt, Dwight and his brother, Ross, Jack, Paul, and Caleb's friend. Several of us did the 68-mile ride, but Jack and Raymond gutted out the century. The routes are very hilly and this year the wind was 20-30 mph out of the south. This is a wonderful ride if you have never done it.



Saturday rides will be at 8:00 for May, unless it's raining

You get a free long-sleeved t-shirt with the entry fee as well as free hamburgers and hot dogs after the ride is over.

The Tour de Tulsa will be Saturday May 6. It starts and ends in downtown Tulsa's historic Brady District at Main & Brady. Ride options are 30,50, 62, and 100 miles. For more information go to their website at <http://www.tourdetulsa.com/>.

The Osage Hills Mountain Bike Race will be Sunday May 7 at Osage Hills State Park. The reason I mention it in the road bike report is because a few of us road cyclists plan to meet 8 am that morning at Johnstone Park and ride to Osage Hills State Park. Lunch will be served at Osage Hills at 11:30 am; if you are interested in lunch, please let Randall Clay-

*(Continued on page 6)*

## New Member Experience

*By Mike Maloney*

Hi, I am new to the club and to open road bicycling. I've been cruising around town and riding to work (2.6mi one way) for about a year now, but wanted to do more. I've been doing the 3 a week freewheel training rides since the time shift earlier this month. It didnt take long to learn most of the riders are in better condition than I.

The Saturday, April 22, ride to Barnsdall was a good experience for me. The longest one time ride I had been on previously was 26mi the week before and that dehydrated me. This time I had a 70oz water pack with me. Several riders had turned around in front and behind me before we reached Woolaroc. I was considering giving up and turning around there when Walt (who had purposely held back) pulled up beside me. Walt offered to stay with me for as long as I kept going toward Barnsdall. Somehow that considerate unselfish offer gave me the encouragement to keep



going. We were even able to catch up with a guy about a quarter mile in front of us and the three of us rode into the Barnsdall stop together.

After a few minute break we started back, and just as Walt said the return trip was much easier without the head wind. Walt again held back and stayed with me back to town. When I got home about 12:20 I had done just over 41 miles, just drained the water pack, felt good, and was not wasted for the rest of the day like the week before.

It was quite a confidence booster for me, thanks to Walt and the water pack. Maybe I can go further next time?

Mike Maloney

Editor's Note: Experienced pedaler's should all be cognizant of new riders joining our rides. Most will not know our routes and on some of our routes it is easy to get lost (ask Jack if you don't believe me.) Remember to keep the pace down so we can all stay together until we "get out of town." Also, do not leave **anyone** behind unless they have agreed to ride alone, are well prepared or have a cell phone and know the way home.



# Pedaler Profile

*Michael  
Schooling*



Congratulations?

=====

I thought I'd won the lottery! Little did I know when I got a wildly decorated letter in the mail from Joanne Estes that my name had been "drawn from the Ol' Bicycle Helmet" as the "Pedaler Profile" for the "May issue of our award winning, full-color Pedaler's Newsletter!" Joanne is so shy and retiring, isn't she? So, here goes, more than you ever wanted to know about me, my biking background and how I came to be a Pedaler. I'm new to the Pedalers and am an out-of-town member, but I ride with you often, vicariously, through the newsletter and web group from my home in mid-town Tulsa.

Like most of us, I lived on a bike as a youngster. Though I learned to ride on my sister's green, fat-tired cruiser, my own first bike was a bright red 26" Murray, complete with red, white and blue streamers and a basket on the front. It carried me faithfully to school and home daily and all over the two or three square miles that were my "stompin' grounds" in northeast Oklahoma City. I lived near Lincoln Park and the zoo and within a half mile of Springlake Amusement Park ... rich biking territory for a 50's kid!

I didn't ride much through high school in Edmond, but was quick to purchase a shiny, yellow Schwinn Continental 10-speed upon entering my freshman year at OSU in 1970. My first long ride of note was a clockwise tour from my home in Edmond north to Crescent, east to Guthrie then back south to Edmond. It was a very sunny day and my speed was such that the sun was always at my right. I got thoroughly boiled on my right side while getting little sun at all on my left; forgot to use my Coppertone! Theft of my Continental from my dorm's bike rack led to purchase of a Raleigh Record at Coopers in Stillwater. I rode from Stillwater to Edmond on several occasions; those were fun times and the Raleigh was a great bike.

I've continued to cycle throughout my life,

though not with an organized group or with any particular fervor or regularity. I biked to work as a new 9th grade science teacher at Broken Arrow Intermediate High in the late 70's. I recall scaring up a coyote while riding my bike to school in the snow one winter morning; never can tell what you'll see at bike-pace. I was still on the Raleigh into the 80's. I recall being a member of the Tulsa Bicycle Club for years, though I wasn't really an "active" member of the club. Until, that is, I went on my first FreeWheel in 2004.

I'd been biking more regularly after arthroscopic surgery on my right knee in June of 2003 kept me from jogging. I purchased an old Trek 920 at a neighborhood garage sale, more mountain bike than roadster, put on new tires, new seat, rear rack and trunk. It wasn't pretty, but got me where I wanted to go. I commuted irregularly and rode regularly on the River Path in the evenings (we just live a mile from the Arkansas river near 41st street in Tulsa). I tried a short tour, the Tour de Meers near Lawton, and decided "I could ride every day for a week." Work circumstances were such that I could "get away" for a week in June of '04, so I decided I'd give it a shot.

I had a ball! That week from Duncan to Anthony, KS, got me more excited about biking than I'd been in years.

Since that '04 FreeWheel I've become active in the Tulsa Bicycle Club, currently serving as the club rep to the League of American Bicyclists (LAB). I pestered Libby Stalter, director of Oklahoma FreeWheel, until she let me help out, arranging for rest stops in '05 (with much help from previous rest stop coordinator, Joanne Estes) and coordinating rest stops and lunch stops for this year's event (wish me luck!). I've also been helping out with the OKFreeWheel web site for about a year (I have a computer background, though I'm definitely not a web expert.) In the two years since that first FreeWheel ride, I participated in the LAB's Road 1 course and took a three-day course to become a League Certified Instructor. I also attended a Park Tool bike maintenance class in Oklahoma City some time in there. I got a lot of turnpike time; but my folks live in Oklahoma City, so I got in regular visits with them while learning more about biking. Oh, did I forget to mention my first century was in August of '04 in Wichita Falls, TX? It was probably the "coolest" Hotter'N Hell ever with a

*(Continued on page 7)*





## The Oklahoma FreeWheel Corner

Planning is nearly complete for this year's big ride, June 11<sup>th</sup> through 17<sup>th</sup>, Hugo to Baxter Springs via extremely picturesque eastern Oklahoma. The long-awaited and most-fun PACKET-STUFFING-PIZZA PARTY

will be held at the Mapco Building in Tulsa again this year. This is a great time to make sure your t-shirt fits and save postage on your packet mailing. We will give you more details soon about this Monday evening, May 15<sup>th</sup> event. The more the merrier and we can car pool together to save gas AND to save time when a nice group of us help out.

Isn't it amazing how fast your body tunes up with regular riding? You have been awesome and quite faithful in the training rides and other ways of getting those legs and other body parts ready for FreeWheel. We'll give you the official "CONGRATULATIONS!" at the Pedalers FREE-WHEEL COUNT DOWN, Monday, June 5<sup>th</sup>, 6:00 p.m. at the Bartlesville Library's lovely upstairs conference room! You will learn valuable last minute tips and receive goody bags for enjoying a great FreeWheel with your new friends and skills! Also, be practicing your best smile for the official group photo!

You just gotta be there!

—Joanne Estes—

## Youth Ride Sponsorship

On The Rock Ministries is again planning a June bike trip for twenty or more young boys and girls from our area. This year the intended route encompasses various rails-to-trails and bike routes in Pennsylvania's Allegheny Mountains. Unlike FreeWheel, however, the trip is jam-packed with other activities as well, to make it a once-in-a-lifetime experience. Local groups and individuals are being asked to consider sponsoring individual participants. The cost per person is budgeted at \$300.00 (adult participants pay their own way) with the youth asked to come up with \$50.00. Malcolm and Barbara Joyce will be going along and would like to ask the Pedalers to consider helping them to sponsor one or more of these young adults. Donations can be sent to Bill Estes and earmarked for On The Rock.

Note: The individual riders are also encouraged to subscribe "mileage" sponsors, so the trip is

actually funded in four ways; 1) by the adults covering their own costs, 2) by donations like yours, 3) with the kids' \$50.00 and 4) by any money the kids raise on their own. From personal observation last year, Malcolm attests to the value of the experience (compare it to your completion of your first FreeWheel). Each youth is encouraged to make every mile and is recognized for their accomplishment at an "awards ceremony" after the group gets back to Bartlesville.

On The Rock is a faith-based ministry and this trip is just one of their programs designed to help make a difference in the lives of local youth. For more details feel free to ask Malcolm.

Checks should be made out to "On The Rock Ministries" with a notation on the check about being for bike scholarship. Contributions are tax deductible and you will receive a contribution receipt from On the Rock Ministries.

Checks can be mailed to Malcolm Joyce, 403260 W 2380 Drive, Bartlesville, Ok 74006; or Bill Estes, 2810 Redhawe Ct, Bartlesville, Ok 74006



*Bruce, Joanne, Bill, Walt and Dale are a few of many at Flower Power.*



*Ross & Bruce check their bikes before the Flower Power Ride*



*Ross, Raymond and Wayne Mark line up for the Flower Power Century*



*Bill & Joanne relax at Houston BP after the ride.*

## MS 150 Bicycle Ride *By Bill Estes*

Joanne, our neighbor Jeff Rees along with our son in law, Bill Hardham, and his father who also happens to be named Bill Hardham just completed the BP MS 150 bicycle ride from Houston to Austin, TX the week end of April 22nd and 23rd. A big "thank you" to all of you who supported our effort by contributing to the MS and helping us reach our commitment of \$400 per person. We were able to collect over \$2200 dollars, which will hopefully find a cure for this disease.

Our group left our son in law's home Saturday at 6:45 AM for a ride to LaGrange, TX, which involved a ride of 96 miles with something like 12,996 other riders. It is hard to imagine a ride with that many people going as smooth as it does.

The volunteers for the ride really are unbelievable. Imagine having a lunch break and feeding that many riders, rest areas with porta potties, not to mention showers for all once you arrived. It really went off with out a hitch. They had tractor-trailers with showers and we all had HOT showers once we arrived.

We rode on the BP team, which had a limit of 700 riders. There was a tremendous advantage being on their team as they really catered to the riders on the team. We received massages, all the food and drinks we needed along with a tent that would accommodate our sleeping. Joanne chose to sleep in her own tent.

We were all in bed early as the lights came on at 4:45 AM the following morning to get us ready for our ride from LaGrange to Austin, TX. With so many riders we had a light break-

fast, were in line at 5:45 AM and then waited for the ride to start. I stood in line from 5:45 until 7:15 before we started to move. Needless to say after riding 96 miles and not sleeping the greatest I was tired before the ride even started and the



*Joanne, Bill, Bill, Jeff and Bill anticipate their day. One century from Houston to La Grange, the 1st leg*



*Bill observes very smooth baggage loading at BP in Houston*

Sunday ride was more challenging as you are in the hill country and the riding was more difficult. One pleasant surprise was that they changed the route a little from the time we did it two years before. I was expecting an 85-mile ride but the new route was only 75 miles. However they did not eliminate the hilly portion. I can't tell you how much better that made me feel, as I love hills.

The finish really made all of it worthwhile. There are so many people cheering you at the finish along with music, a real carnival atmosphere that you forgot that you were tired. We had a great meal waiting for us, showered and caught an air-conditioned bus for the ride from Austin to Houston.

There are all kinds of inspiring things that go on over the week end but to me the most inspiring came at around 7:00 PM on Saturday when they announced over the PA system that the oldest rider on the route was arriving and we should come to cheer him in. I know you are all thinking it was me. Well you're wrong. Tell Walt Bohn that I have a new hero. A 92-year-old gentleman finished the 96 mile ride on a three wheel bike and we all cheered him in. He was grinning from ear to ear when he arrived. I was told that they let him lead us on the Sunday departure. Whether he went the whole route I do not know but will try to find out. How about that.

If you really want to do something that is worthwhile, have a chance to help others and feel good about yourself, I would highly recommend that you consider doing the 2007 MS ride next year.



# Board Meeting

April, 2006 Board Meeting Minutes

Shirley Martin kindly recorded the following minutes:

Here are my notes from the board meeting on Monday, April 24 at the downtown Pizza Hut at 6:30 p.m. I will try to list everyone that was there. I did not write down names: Keith Clark, Dale and Judy Munn, Rod Harwood, Joel and Shirley Martin, Randall Clayborn, Paul and Beverly Woollett, Kevin Doggett, Walter and Betty Bohn, Jack Tatum, Malcolm and Barbara Joyce. Well, that is all that I can remember!

Randall talked to us about the Little 100 and the training rides for it. They practice on the track on Monday nights at the Mid High at 3:30 p.m. He said that the Trail work was completed at Osage Hills State Park and ready for the Osage Hills Mountain Bike Race on Sunday, May 7th. The races start at 9:30 am and registration is open at 8 am. George Harris has made maps of the mountain bike trails at Osage Hills State Park and are available at the Ranger Station in the park. According to Randall it is the third most difficult trail in this area (Midwest). It has a lot of climbing on it. Randall could use help with registration and to help with directions on the course and probably in other areas, too. They are serving lunch for as long as it lasts, will have water, and a band will be playing for additional entertainment.

There is also a Bike Show and Bicycle Build-off on May 6 at 9 a.m. to 2 p.m. in downtown

Dewey. This is during the Stray Cats Car Show. He then told us about the Rails-to-Trails path from the Old Depot in Skiatook to Tulsa. We thought we would have to ride it for a Saturday ride - maybe for a Century ride on the 4th of July.

Randall will have the Boy Scouts at Adventure Bicycles on May 9th to learn how to change a flat, etc. If you have time he might be able to use some help.

Kevin suggested having a special club road ride on Sunday May 7th to go watch the races. It will start at 8 a.m. from Johnstone Park.

Also, Keith suggested having Free Wheel training rides on Sunday nights at 5 p.m. starting this Sunday, April 30, meeting at Johnstone Park. They will be at least 30 miles long. This is to last at least until Freewheel if we have enough participation.

Malcolm is again collecting donations for the On-the-Rock Ministries, Inc. Bike Ride June 10 - 18. They will cycle 300 miles on the Alleghany Trail in Pennsylvania. There will be 40 adults and kids who will participate. They will be doing overnight camping, hiking, fishing, water sports, and cycling. Great fun, but the majority of the effort is spent in reshaping values and developing stamina and character in our youth. He would like the club members to donate a total of \$250 which is the cost for one student to be able to participate. Each student does have to pay \$50 of the cost. The adults pay their own costs.

The next meeting will be Monday, May 22nd, at the downtown Pizza Hut.

We then adjourned the meeting.

## Report from the Road Director

(Continued from page 2)

born know ASAP. For more information about the race, go to <http://www.adventurebicyclecenter.com/200.htm>.

The Tulsa Tough rides will be Saturday June 3 and Sunday June 4. The two-day event includes two challenging 100-mile routes with shorter 50 km and 100 km alternatives. Riders may participate in one or both days. For more information, go to <http://www.tulsatough.com/ridedetails.html>.

The Pedalers Freewheel Training graduation ride to Wynona is also June 3, led by Tim Harper. I'm looking forward to this one as I have heard it is a great ride. Then Monday June 5 we will have the Freewheel Countdown at the Bartlesville Library starting at 6 pm.



*Mass start at Flower Power, I see Walt, Raymond, Dale & Keith.*

## Wynona Ramble 2006

Date: June 3, 2006  
 Time: 7:30am  
 Place: Entrance to Johnstone Park  
 Distance: Approximately 67 miles

It's back again!!! The Bartlesville Pedalers FreeWheel Graduation Ride, aka, The Wynona Ramble. This is an excellent chance to see if all that FreeWheel training has paid off. This ride has it all. Smooth highway shoulders, little travelled backroads, cattle guards, hills, fantastic views, small towns, and best of all, places to eat. This ride used to be a yearly staple of The Pedaler's Bike club and a favorite of all.

We'll leave Johnstone park and travel west on Lupa to Virginia, south on Virginia to 14<sup>th</sup> street, and out south on highway 123. At Barnsdal, we can stop at the C-store and get some fluids and snacks and then take a beautiful little backroad to Wynona. There will be some hills, but the view makes the climb worth it. We'll cross a few cattle guards (watch out for those cows) and a low water bridge on our backroad trek, ending up on the south side of Wynona. They have a very nice little C-store and possibly a café. Also, the C-store in Barnsdal makes a mean cheese burger along with other fast food type items. Eating and rid-

ing is a must on FreeWheel, so it is on the Ramble as well.

After that, we'll re-trace our path back to the park, with the exception that we'll go down the new 44 hill via highway 123 where as going out, we'll take the old highway up the hill via the gap road turn off.

As in the past, the route will be marked in various shades of fluorescent paint, including turns, food, and road hazards (provided it's not raining on Friday evening.) If it's raining, calling for a 40% or greater chance of rain, or it's 40°F outside, blow off the ride. Also, if the low water bridge is impassible, we'll turn around there and make it a 56 mile ride. Otherwise, prepare for a most enjoyable "ramble" through the beautiful Osage hills.

Bring some sunscreen, water, snacks and money for food. If you really want to make it feel like FreeWheel, set up your tent when you get home, take a cold shower, ride to the nearest eating establishment, go home and spend the night in your tent. It doesn't get any closer to the real thing than that.

—Tim Harper—

---

### *Pedaler Profile*

*(Continued from page 3)*

high in the low 90's and cloud cover for most of the day; lucky for me!

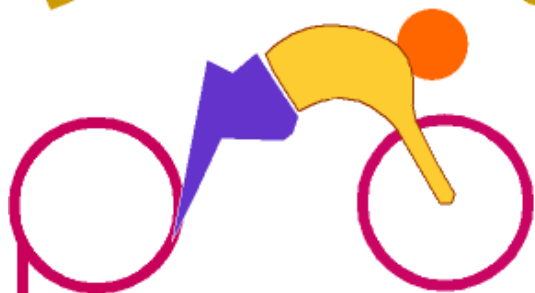
My participation in FreeWheel in '04 and '05 allowed me to meet many interesting folks throughout the state, including many Bartlesville Pedalers. I enjoyed all these folks so much, that I wanted to stay connected in some way throughout the year. So I've joined other state bicycling clubs, including the Oklahoma Bicycle Society in OKC, the Red Dirt Pedalers in Stillwater, and, of course, the Bartlesville Pedalers. These are all great organizations with dedicated memberships and a great calendar of activities. Though I haven't had an opportunity to participate in many of the activities of my out-of-town memberships, I do enjoy their activities through their newsletters, web groups and web sites. And I will definitely be joining the Pedalers on rides as the year progresses. Bruce has even suggested getting the Pedalers and the Tulsa Bicycle Club together for some joint rides ... what a concept!

I've almost forgotten to include my lovely wife, Marilyn, in this account. She enjoys cycling too,

though isn't quite as involved as I. Though I don't think she'll be interested in FreeWheel for a while, she did accompany me to the Fall Bike Fest in Fairview in '04 and did the Half J.A.M. last year in Pryor. We both got new bikes this spring, so don't have any excuses in terms of equipment. I got a Giant OCR C3, and she has a shiny new Trek Pilot 2.1. We're both using clipless pedals for the first time (whoohoo!) and enjoying all the improvements in bicycles made since we purchased our venerable '86 Cannondales (where'd the last 20 years go?)!

So, that's my story and I'm stickin' with it! I look forward to meeting many more of you in the coming year(s). If you're on FreeWheel this year, be sure to come up and introduce yourself; I'd love to put faces with the names I see in the Pedaler roster, on the Pedaler web site and in email messages exchanged among the group. I won't be hard to find; I'll be telling you about the next day's rest and lunch stops at each evening's 7pm campground meeting. I'm a gregarious sort of fella and will enjoy a visit with you. For now, I'm simply "on your left ..."

# Bartlesville



# edalers

*We're on the WEB!*  
[www.bartlesvillepedalers.com](http://www.bartlesvillepedalers.com)

## OFFICERS/DIRECTORS

Bruce Sturges, President,  
 440-1379, b\_sturges5@hotmail.com  
 Keith Clark, Vice President/Treasurer  
 Joanne Estes, Secretary, 333-6524  
 Kevin Doggett, Road Biking Director  
 Randall Clayborn, Mountain Biking Dir, 333-9222  
 Joel Martin, Director at Large  
 Dan Schultes, Director at Large  
 (Open), Editor

BARTLESVILLE PEDALERS BICYCLE CLUB  
 P.O. Box 793, Bartlesville, Oklahoma 74005



*Bill says, "Let's go check out the wall!"*



*Joel & Shirley Martin at April Fools Pot Luck dinner show Walt & Betty Bohn's dreamy chocolate dessert at the Martin's*

## Pedalers Membership

Membership dues are \$16 per household for the calendar year. Anyone joining during the last quarter of the year is paid through the next year.

Among the super reasons for joining the Bartlesville Pedalers are:

- Access to the members area of the web page;
- The super newsletter you are reading;
- Many club activities;
- Comradery with many area cyclists;
- Part of a collective voice for cycling in Bartlesville;
- Discount at Bartlesville Adventure Bicycle Center.



*Shirley Martin leads recent Thursday evening FreeWheel Training ride to Prarie Song.*

*Shirley & Joel are enjoying their new "Bike Fridays" which adapt well to travel.*