

Bartlesville azette

Newsletter of the Pedalers Bicycle Club, Bartlesville, Oklahoma
"...to promote bicycling in all its forms"

October 2001

A Weekend at the Frisco Superdrome 13-14 October 2001

For all of you who have wanted to ride on the bicycle track, now is your chance. This summer I met Ryan Crissey - track rider, coach to the U.S. Paralympic cycling team, including our own bronze medalist Brad Cobb, and instructor for rider qualification training at the Frisco Superdrome. Through our conversations, he offered to provide his time and expertise, and the facilities of the Superdrome, to our Club.

Ryan will put us through a one afternoon condensed version of the usual 16 session, 8 week, \$100 qualifying course for a \$25 fee which includes exclusive use of the facilities and fleet of 50 track bikes from noon to dark 13 October, plus access to the regular Sunday morning open training time. He'll cover basic track riding technique, equipment, protocol, safety, racing events. You'll come away with USCF Cat 4 track certification and become eligible for Superdrome races and training sessions.

This is a great opportunity for the Pedalers, and any other experienced cyclists that you know might be interested. Ryan is excited to be working with a group of experienced riders and eager to introduce us to the track. Mark your calendar, gather up your riding gear, including pedals and shoes, and join us for a weekend romp in Frisco. The Superdrome is located at 9700 Wade Blvd. on the campus of Collin County Community College. More information and directions are available at the website: www.superdrome.com.

If you plan to participate, please let me know ahead of time by email (rodh@ionet.net) or phone (918-336-7546 home, or 918-661-6776 work) so that I can let Ryan know how many to

expect. Brad tells me that there is a Holiday Inn Express nearby the track (4220 Preston Rd., Frisco, 972-668-9400).

Happy spinning. See you at the 'drome.

Rod Harwood

Quartz Mountain Fall Bike Fest October 12, 13 & 14 Quartz Mountain State Park

The Quartz Mountain Fall Bike Fest is a three-day weekend of autumn bicycling. There are long and short ride options each day. Terrain for the ride is flat to slightly rolling on paved roads. Each day will have a rest stop along the route with water and other refreshments. Although it is a road ride, there are lots of unpaved roads around the area for mountain bikers to explore. Camping space with restrooms and showers will be at the park. The camping fee is included with the registration fee for the ride.

Registration information is available at Black's Bikes.

Camp Wah-Sha-She Mountain Bike Muster October 28th

Blacks Bikes is sponsoring the 6th annual MTB muster at Camp-Wha-Sha-She on October 28 from 1:00 pm to 5:00 pm. Come out and ride the roads and trails and stay for Donna Blacks camp-fire dinner at 4:00 pm. Call the Blacks by the 28th, 333-7981 or 335-3553, and let them know

how many hot dogs and hamburgers to throw on the grill.

No More Weekday Evening Rides:

Well, it has gotten late enough in the year so that the sun sets too early to allow the weekday evening rides. But do not give all hope. Bob and Jack are starting up a "Fair Weather Friends" ride. See below. Also, George Harris volunteers to accompany anybody that needs or wants a ride partner.

Fair Weather Friends Ride Tuesdays & Thursdays @ 2:00 pm

Our off-season Fair Weather Friends afternoon ride during the week is resuming October 2 and will continue until spring. If you find yourself with some time to ride some Tuesday or Thursday afternoon, come down to Sooner Park and join us for a spin. We meet at 2:00 by the playground at Sooner Park on Tuesdays and Thursdays.

The weather is always a factor on whether or not the ride goes on. We've not established any hard and fast rules for the weather, but generally, if it is in the mid-40's or warmer, with no precipitation (or threat thereof), we ride. The rides have been being fairly short; around 20-30 miles, but we don't decide where we are going until we are at the park.

Call Bob Lummis, 333-4374; Walter Bohn, 333-5904; or Jack Tatum, 333-9423 to find out if the ride is on for any particular day.

Give George Harris, 661-8899 work or 331-9080 home, if you would like to ride at other times. Note: Bob would probably be willing, and delighted to ride at others times too.

Weekend Rides

Road Rides: (Note new departure time)

Call Joel Martin at 333-8294 for details concerning any of the rides. All rides for October leave Johnstone Park at **8:00 AM**. Announce your ride intentions on ride day and we can form groups to cover different distances.

October

- 6 Barnsdall and back for 46 miles. **Note the time change to 8 am. Leave Johnstone Park at 8 am.**
- 13 Vera and back If you get hungry, the sandwiches are very popular. The round trip will be about 60 miles. Leave Johnstone Park at 8 am.
- 20 Omelettes in Oak Ridge. This route passes near Hudson Lake so you may want to be prepared. If the weather is good we may take a side trip near Hulah Lake. The total distance will be 50 – 60 miles. Leave Johnstone Park at 8 am.
- 27 Ramona and Oglesby Loop with a total distance of 45 miles. Leave Johnstone Park at 8 am.

November –

- 3 Wann and vicinity. Depending on the weather we can make this 40 or 55 miles. Leave Johnstone Park at 8 am.
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Sunday Afternoon "Cross Country" TIME – 2:00 pm, PLACE – Various

October 7 – Osage Hills State Park. Fall is here! It is time to get back into some singletrack. Let's see if we can find all of those good trails we rode last winter and then abandoned to the growing season, the bugs and the snakes. Meet at the old rock building by the horse stables. **Bring your tick repellent just in case!**

October 14 – Tall Grass Prairie Preserve. We will start at the entrance to the preserve at CR N3722 and EW 1800. This is where the road from Pawhuska and our normal route in from Highway 60 meet. There is a Bison Monument at the intersection.

October 21 – Eagle Rock Mountain Bike Trails. One of our favorite places to ride! Choices of mountain biking trail that vary from beginner to advanced that are well marked. Meet in the parking area at the spillway for the Elk City Lake Dam near Independence, Kansas.

October 28 – Mountain Bike Muster. Ride the Wha-Sha-She Girl Scout Camp roads and trails and enjoy a campfire dinner sponsored by Black's Bikes. **The ride starts at 1:00 pm.** Food will be ready around 4:00 pm. **Call Black's Bikes to reserve your dinner plate.**

November 4 – Osage Hills State Park. We'll do more work with re-discovering those trails we rode last winter. Meet at the old rock building by the horse stables.

Reminder!

If any of you have friends/acquaintances who are contemplating joining the club, be sure to tell them of our "early bird special." Anyone who joins the club between October 1 and December 31 is automatically paid up for the following year's dues as well.

"A bicycle ride is a flight from sadness."
- James E. Starrs, *The Noiseless Tenor*

Information to find other special cycling events

New bike tour web site on the net: www.nbtta.com. It has listing/calendar of rides 3 days or longer in the US, Canada, Mexico, and France.

Another web site to locate special bike rides (races and tours) is www.bicycle-rides.com. It is easy to use and you can locate rides in various radius from a hub city.

President's Newsletter October

The weather has shown a definite improvement so I hope more of you are out riding. We had enough rain to cause the wildflowers to bloom and are great to see while pedaling down the road.

It is also getting to the time of year that we will form a nominating committee to help find officers and directors at large for next year. We need to have a few new people in these positions to generate new ideas for the club. We also don't want our members to suffer burn out from continually doing the same jobs for the club. If you are interested in being an officer please notify one of the officers or board members and we will notify the nominating committee. The club board positions are: President, Vice President/Treasurer, Secretary, Road Biking Director, Mountain Biking Director, and 2 Directors at large.



Keep on Pedaling, Shirley Martin

Officers/Directors:

President:

Shirley Martin 333-8294 home
jlsjmartin@compuserve.com

Vice President/Treasurer:

George Harris 331-9080 home
661-8899 work

Secretary:

Joanne Estes 333-6524 home

Road Biking Director:

Joel Martin 333-8294 home

Mountain Biking Director:

John Cary 336-6761 home

Directors at large:

Jack Tatum 333-9423 home

Walter Bohn 333-5904 home

Newsletter Editor:

George Harris 331-9080 home
661-8899 work
crash@bartnet.net



P. O. Box 793
Bartlesville, OK 74003

Membership Application / Renewal

I accept with pleasure this invitation to join the Bartlesville Pedalers. I agree to observe all traffic laws and to comply with the suggestions of the ride leaders about the safety and decorum of the club.

I understand that my participation in club activities and rides is solely at participant's own risk. The Bartlesville Pedalers cannot be held responsible for any accidents that may occur during or as a result of their activities.

Helmets are required on all club rides.

NAME: _____

SPOUSE & OTHER FAMILY MEMBERS: _____

ADDRESS: _____

PHONE - home: _____ work: _____

EMAIL ADDRESS: _____

OK to publish this info in club directory? Yes No

SIGNATURE: _____

DATE: _____

All memberships are \$16 per year. Anyone joining in the last quarter of the year is also paid up for the following year. Please return application to: Bartlesville Pedalers, P.O. Box 793, Bartlesville, OK 74003